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**Recent advances in degradable lactide-based shape-memory polymers**

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**Abstract**

Biodegradable polymers are versatile polymeric materials that have a tremendous potential in biomedical applications avoiding subsequent surgeries to remove, e.g. an implanted device, can be avoided. In the past decade, significant advances have been achieved with poly(lactide acid) (PLA) based materials as they can be equipped with an additional functionality, a shape-memory effect (SME). Shape-memory polymers (SMPs) can switch their shape in a predefined manner upon application of a specific external stimulus. Accordingly, SMPs have a tremendous potential for application scenarios ranging from electronic engineering, textiles, aerospace, energy, to applications in the biomedical and drug delivery fields based on the perspectives of new capabilities arising with such materials in biomedicine. This review summarizes the progress in SMPs with a particular focus on PLA, illustrates the design of suitable
homo- and copolymer structures as well as the link between the (co)polymer structure and the switching functionality, and the recent advantages in the implementation of novel switching phenomena’s into SMP technology.

**Keywords:** Shape-memory effect, biodegradable, polymer networks, stimuli-sensitive, lactide

1. Introduction

Therapeutic devices such as implants, scaffolds, or drug release systems demand materials with controllable and adjustable properties. Here, biodegradable polymeric biomaterials are preferred candidates as in addition to physical, chemical, and mechanical properties, which can easily be varied by the material composition and polymer architecture, degradation rates can be adjusted as demanded for an efficient therapeutical treatment. In the last decade, synthetic biodegradable polymers such as PLA, poly(ε-caprolactone) (PCL), and its copolymers or blends, approved by FDA, have been widely used in medical devices as well as to fasten wound healing or tissue repair.\(^1\)\(^6\) Especially PLA polymer networks based on dilactides are promising candidates for such application scenarios, as their material properties are highly dependent on the conformation of the stereo center (LL, DD, or LD) (Fig. 1) and their glass transition temperatures \((T_g)\) are close to the physiological relevant range.
At present, the engineering of multifunctional materials has become an exciting strategy to address the limitations of currently application devices in the medical and pharmaceutical field. This includes the opportunities that arise from introducing the capacity of shape-switching into medically accepted materials, which can be realized with shape-memory polymers (SMPs). SMPs are actively moving polymers, which can be deformed from a permanent into a temporary shape and are able to recover the original, permanent macroscopic shape, when suitable external stimuli, such as
temperature, magnetic field, light, electricity, pH etc. are applied (Fig. 2). As the combination of this functionality with the degradability of the material is of special interest in the medical field, SMPs based on PLA were intensively discussed as highly innovative materials for future applications. For example, the synthesis, characterization, and paclitaxel release studies of a SMP double layer system whose layers based on trimethylene carbonate (TMC), glycolide, and L-lactide was reported to be used as a medical device for endovascular applications. Furthermore, biodegradable electrospun fiber scaffolds based on D,L-dilactide (DLLA) and TMC monomers featuring a shape-memory effect (SME) and bone forming ability were demonstrated. Finally, yet importantly, a series of three-dimensional (3D) biodegradable shape-memory polyurethane scaffolds has been synthesized and applied for intravascular aneurysm embolization.

This article presents a comprehensive review about the recent progress and the most important developments related to degradable lactide-based SMPs. A wide overview about the latest applications, relationships between the SMPs properties and their structure and morphology, their synthesis and functions as well as the PLA degradation mechanism will be given.
2. Application of biodegradable SMPs

Since the discovery of shape-memory alloys (SMA)\textsuperscript{[22]} and the application of the SME in polymeric materials to be used in dental applications,\textsuperscript{[23]} the number of studies on SMPs increase exponentially. Automotive, aerospace, robotic and energy industries are examples of the research and for the application of smart materials.\textsuperscript{[24-29]}

This research progressed towards biomedical applications by the evaluation of temperature-sensitive SMPs based on polynorbornene in cardiac applications in 1990.\textsuperscript{[30]}

Since then, comprehensive knowledge has been collected on the biomedical applications of SMPs (Fig. 3). For instance, around 70\% of patents recorded in 2007 on SMPs were focused on the applications in biomedicine, e.g. in hepatology, orthopeadic, cardiology, and orthodontic.\textsuperscript{[31]} This includes the use of SMPs in minimally invasive interactions or in surgery such as smart sutures,\textsuperscript{[32]} removable stents,\textsuperscript{[33-35]} aneurysm occlusion\textsuperscript{[36, 37]} as well as in drug delivery systems.\textsuperscript{[38]} The bottle neck of short term implantable materials
in the biomedical field, avoiding subsequent surgical procedures for implant extraction has been addressed by the development of degradable SMPs. In this sense, some current applications are described below.

**Fig. 3.** Current and potential application fields of biodegradable SMPs in the biomedical area.

### 2.1. *In vivo* tissue engineering

The provision of a three-dimensional material (scaffold) is one of the main components needed in most tissue engineering concepts. Porosity, pore size, pore connectivity, and
chemical and mechanical properties determine the cell seeding, proliferation, and differentiation in the scaffold. It should be emphasized that 3D cell constructs cannot only be realized in the classical *in vitro* pre-seeding approach. Instead, an *in vivo* attraction of target cells appears as a promising concept to be followed upon. In this context, the development of cell/scaffold platforms using degradable SMPs as support materials has emerged. The material needs to memorize a predefined shape to enable delivery to the application site by minimally invasive intervention. After implantation, the artificial extracellular matrix (scaffold) would be triggered to switch its shape and adapt the dimensions of the tissue defect. The scaffold should degrade according to a specific kinetics, allowing the ingrowth of tissue and the delivery of appropriate bioactive factors in the implant site. In this way, tissues might be restored in the future. Recent examples include the development of multifunctional fibrous scaffolds based on Poly(D,L-lactide) (PDLLA) and TMC, which combine the capability to mimic the bone tissue architecture with SME.\[20\] The *in vitro* results suggest that these fibrous scaffolds have good capability to promote the osteoblast proliferation, maturation (osteogenic differentiation), and bone formation. Furthermore, scaffolds produced by salt-leaching technique based on terpolymers of LLA, glycolide, and TMC or on LLA, glycolide, and ε-CL exhibited the desired recovery of the permanent shape in a model defect of bone tissue, whereby the defect was filled within 12 minutes.\[39\]

### 2.2. Drug delivery systems

Drug carrier systems from hydrophobic, slowly degrading polymers like PLA are typically designated for parenteral application and long term release. This release can range from weeks up to several months depending e.g. on drug properties and the length
and quality of diffusion barriers provided by the implant or injectable carrier system. Also for SMPs, different sizes and designs of matrices can be realized, which include concepts for self-anchoring implant rods to avoid tissue migration\textsuperscript{[40]} as well as shape-switchable microparticles.\textsuperscript{[41, 42]} Still, a number of frame conditions need to be considered when it comes to select appropriate drug loading and processing techniques for SMP. In particular, as will later be discussed in more detail, polymer network structures are one precondition for realizing the SME. As shape switching, at least when recalling the SME for the first time, is often not quantitative for SMPs that only contain physical netpoints, the research on drug delivery from SMP has focused on covalently crosslinked polymer network with only a few exceptions.\textsuperscript{[43]}

While appreciating the benefits of a typically quantitative switch to the designated shape for covalent SMP networks, it needs to be emphasized that the required crosslinking step may limit the toolbox of available techniques in preparing e.g. drug-loaded SMP implant rods. So far, most studies performed drug loading either by swelling a pre-synthesized polymer network in an organic drug solution or by crosslinking network precursors in melt or solution in the presence of dispersed drugs, which, importantly, must not be modified under the selected reaction conditions. For a set of copolyester-based network materials, it was illustrated that loading by swelling may be associated with a higher initial drug release, since the drug was partially transported to the surface of the sample upon solvent evaporation.\textsuperscript{[44]} It should additionally be noted that, in some cases, amorphous networks from PLGA may behave beneficially compared to semi-crystalline SMP from other materials during drug loading by swelling, since PLGA networks showed no disturbance of the SME\textsuperscript{[45]} and an increased accumulation of some types of drug during the swelling/loading step.\textsuperscript{[46]} When it comes to application relevant shapes of
drug loaded SMP implants, industrially feasible melt-based processing techniques such as coextrusion or injection molding may be of interest. Reactive extrusion for in-line crosslinking\cite{47} or high energy irradiation at ambient conditions after processing to the designated shape\cite{48} might be evaluated in the future.

For controlling drug release rates from SMPs, the use of copolymers with systematic variation of the comonomer content has been evaluated. It was shown for AB polymer networks comprising segments from oligo[(ε-caprolactone)-co-glycolide] and n-butyl acrylate that materials with increasing molar concentrations of the more hydrophilic glycolide units allow to increase release rates,\cite{49} as it is well established also for particles and implants from non-crosslinked PLGA based on an increased water uptake and drug diffusion coefficients in a plasticized matrix.\cite{50} The drug release was also studied for SMP networks from diisocyanate-crosslinked 4-arm star shaped oligo[(rac-lactide)-co-glycolide] with a fixed glycolide content. Here, hydrophobic drugs showed a lag phase in their release profile, while a more hydrophilic model drug, ethacridine lactate, was release continuously over > 4 months indicating improved diffusivity in the hydrated SMP network.\cite{40} A further study with similar material indicated that the precursor molecular weight, i.e. increasing length of the telechels’ arms and thus mesh sizes of the network, can be used to modify the release of aspirin.\cite{51} Interestingly, in this but also in further studies from the same coauthors, matrix degradation was interfering and strongly accelerating the drug release, which occurred either after ~2 weeks or ~2 months depending on the drug hydrophilicity/hydrophobicity.\cite{52} This illustrates how drug-initiated mechanisms like osmotic water uptake, plasticization or drug-catalyzed polymer degradation can contribute to self-accelerated release patterns. Such profiles of initially slow and later-on more rapid release may be advantageous in some, but likely not in all
clinical applications—at least if not externally controllable. Instead, a timely separation of the different functions of PLGA-based SMP networks without detrimental effects on each other may be appreciated: the SME for implant anchoring in the first minutes after placement, then followed by a continuous drug release with low burst release, and finally implant removal by degradation.[40]

Since the heat-induced SME is associated with a thermal transition, i.e. substantial increase in polymer chain mobility and thus possibly enhanced drug diffusion, the initiation of the shape-memory effect may allow initiating drug release. This concept was demonstrated in principle to also enable also a repetitive on-demand drug dosing along with a step-wise shape recovery, when applying high-intensity focused ultrasound for indirect heating.[53, 54] Similar effects were also reported for pH-sensitive SMP materials, which showed hydration and thus enhanced drug diffusivity upon extreme pH changes.[55] Interesting applications may arise from further, ideally more application-relevant container systems, where the SME should allow to initiate the release of various types of bioactive molecules on-demand.[56]

3. Mechanism and characterization of the SME

SMPs are a class of materials, which can react sensitive towards changes in their environment by the change of the macroscopic shape.[57, 58] While initially, scientific research was focused on thermally-triggered movements in SMPs, current investigations were expanded to other stimuli like UV light,[18] near-infrared light,[59] magnetic field,[60] ultrasound,[61] pH,[62] and the presence of ions.[63] In addition to the most common SME, the one-way dual-shape effect, SMPs providing a triple-shape and
multiple-shape effect were reported, where two or more temporary shapes can be obtained.\cite{64, 65} Furthermore, the temperature at which the recovery process is initiated can be adjusted without changing the polymer composition by selecting an appropriate deformation temperature, as described for polymer networks possessing a temperature-memory effect.\cite{66, 67} Recently, also the design of polymeric materials, which are capable of reversibly changing between two different shapes under load-\cite{68-70} and under stress-free conditions\cite{71-73} were realized.

For the implementation of shape-memory properties, a polymer network architecture has to be created, which consists either of permanent netpoints generated by covalent bonds as in case of chemically-crosslinked polymer networks or strong interactions of polymer chains (e.g. hydrogen bonding, formation of crystalline domains) forming a physically-crosslinked polymer network (also called thermoplastic elastomer) to define the permanent shape. Permanent netpoints are interconnected by chain segments that contain molecular switches, which respond to an external stimulus. These switches establish additional reversible crosslinks within the polymer networks (denominated as temporary netpoints) to enable the fixation of a programmed temporary shape. SMPs can be designed by different molecular components, which are combined individually. For this reason, molecular architectures with permanent and temporary netpoints as well as chain segments providing sufficient elasticity present a modular system as illustrated in Fig. 4.\cite{17}
**Fig. 4:** Synthesis route of PLA based SMPs with adjustable degradation rates and thermal properties as example for a modular build-up of SMPs. a) Synthesis of copolymers by ring-opening polymerization initiated by a four-arm diol. Thermal properties and degradation rates are tailorable by the type and ratio of monomers as well as the type of initiator used for ROP. b) Synthesis of polymer network structure with diisocyanate. c) Scheme of the synthesis route and the obtained network architecture. Reproduced with permission from [17], © 2013 WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim
In case of temperature-sensitivity of molecular switches, a thermal transition associated to a switching temperature ($T_{sw}$) can be a $T_g$, a liquid crystalline phase transition, or a melting temperature ($T_m$). Shape fixation during programming is realized for such materials by vitrification or crystallization of the domains associated to the switching segment. Here, the main challenge is to freeze the elastic recovery, which can be achieved by reducing the mobility of polymer chains, e.g. by lowering the bulk materials’ temperature below a thermal fixation temperature of the SMP. Therefore, the stabilization of the temporary shape by a temporary fixation of the chain segments’ conformation in the deformed state is the key requirement of SMPs. Such a reversible fixation can be achieved by solidification of the switching domains or by formation of additional chemical crosslinks, which can be formed and cleaved on demand. Upon application of the heat stimulus, these reversible crosslinks are released allowing the permanent shape to recover. The stimuli-triggered recovery of this deformation back to the permanent shape is driven by entropic elasticity of the polymer network.

In Fig. 5 the molecular mechanism of the thermally-induced SME of a covalently crosslinked SMPs is visualized. During a shape-memory experiment, the programming process comprises the elastic deformation of the SMPs from its permanent shape (B) above the $T_{trans}$ of the switching segment. The fixation is achieved either under constant stress or under constant strain conditions by establishing reversible crosslinks when the temperature is decreased below this $T_{trans}$, which reduces the entropy of the polymer network. The temporary shape (A) is obtained, when the external stress is released. The shape recovery process comprises the stress-free heating above $T_{trans}$. Here, the polymer chains return to the entropically favored random coil conformation as soon as they adapt again the rubber-elastic state. In the recovery process the reversible
crosslinks are removed in consequence of the application of an external stimulus and the permanent shape (B) is recovered.

**Fig. 5.** Molecular mechanism of the thermally-induced SME of amorphous crosslinked shape-memory polymers based on four-arm star-shaped precursors with short links connecting the ends of two arms; red are the polymer chains of the switching segment at $T > T_g$, blue at $T < T_g$, big black circles visualize the netpoints, two connected small black circles represent the link. Adapted from [135] with permission, 2005 Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim.

The quantification of the SME on the macroscopic level is typically based on the more relevant features, the ability to fix a deformation as temporary shape during programming and to recover the permanent shape. Commonly used variables are the percentage of strain fixation (strain fixity ratio $R_f$) and the extent of strain recovery (strain recovery ratio $R_r$) as determined in cyclic, thermomechanical tensile tests.
These properties depend on parameters of the programming such as thermal conditions, kinetics, and type of deformation (elongation, bending, or compression).

Cyclic, thermomechanical tensile tests for quantification of the SME consist of two repetitive modules building. The first module is the programming procedure, where the temporary shape is created and fixed. The second module consists of the recovery step, in which the permanent shape is recovered. The programming procedure can be performed stress- or strain-controlled while the recovery module can be carried out under stress-free or constant-strain conditions.\[^{57, 74}\] Thermomechanical parameters that influence the shape-memory properties are the applied strain, the strain rate, cooling and heating rates, as well as the applied temperatures for deformation ($T_{\text{prog}}$), fixation of the temporary shape ($T_{\text{low}}$), and recovery of the permanent shape ($T_{\text{high}}$).

\[\text{\includegraphics[width=\textwidth]{fig6.png}}\]

**Fig. 6.** One cycle of a thermomechanical tensile test; elongation and temperature during stress-controlled programming and stress-free recovery in dependence of time.
The most commonly applied thermomechanical tensile test comprises a stress-controlled programming procedure performed with three programming steps as well as a recovery step under stress-free conditions (Fig. 6). In the programming step (I) the sample is heated to $T_{\text{prog}}$ and stretched to a certain elongation $\varepsilon_{\text{prog}}$ with a defined strain rate. During the programming step (II), the sample is cooled to $T_{\text{low}}$ with a specific cooling rate while the stress is kept constant at the maximum value, which was reached during the deformation of step (I). The elongation at $T_{\text{low}}$ under load is characterized by $\varepsilon_l$. The sample is then unloaded in the programming step (III) by setting the stress to 0 MPa, which results in the temporary shape being represented by the elongation $\varepsilon_u$. After each change of the thermal or mechanical conditions, an equilibration time period of a defined length is applied before the next step.

The shape fixity ratio $R_f$ describes the ability to fix the mechanical deformation applied during the programming process in the temporary shape. It is given by the ratio of the deformation strain in the stress-free state after unloading of the tensile stress and the deformation strain before unloading. However, the recovery is rarely exactly 100% so that, except for the first cycle, the remaining strain after recovery ($\varepsilon_p$) from the previous cycle has to be subtracted. Equation (1) applies for a programming procedure under stress-control, $N$ denotes the cycle number.

The programming can be performed strain-controlled by keeping the elongation constant during cooling and unloading at $T_{\text{low}}$. $R_f$ is then determined by applying equation (2), in which $\varepsilon_l$ can be replaced by $\varepsilon_{\text{prog}}$.

After the programming procedure, the most commonly applied recovery experiment in the recovery module consists of the heating from $T_{\text{low}}$ to $T_{\text{high}}$ with a constant heating rate under stress-free conditions. After reaching $T_{\text{high}}$ and allowing a certain equilibration
time, the permanent shape is recovered being characterized by the elongation $\varepsilon_p$. The shape recovery ratio $R_r$ quantifies the extent of shape recovery by relating the elongation after the recovery with the elongation after the programming according to equation (3) for the stress-free recovery. Additionally, as well as for the strain-controlled recovery, where the strain is kept constant and the stress is monitored during heating followed by an unloading step at $T_{\text{high}}$ leading to $\varepsilon_p$.

\[
R_f(N) = \frac{\varepsilon_u(N) - \varepsilon_p(N-1)}{\varepsilon_u(N) - \varepsilon_p(N-1)}
\]

(1)

\[
R_f(N) = \frac{\varepsilon_u(N) - \varepsilon_p(N-1)}{\varepsilon_{\text{prog}}(N) - \varepsilon_p(N-1)}
\]

(2)

\[
R_f(N) = \frac{\varepsilon_u(N) - \varepsilon_p(N)}{\varepsilon_u(N) - \varepsilon_p(N-1)}
\]

(3)

$T_{\text{sw}}$ is determined at the inflection point of strain-temperature curve $\varepsilon(T)$ from the recovery step, where the recovery rate is maximal (first derivation of the $\varepsilon(T)$ function reaches a minimum). As an additional value for quantification of the recovery behavior, the recovery temperature interval $\Delta T_{\text{rec}}$ is defined as difference between the temperature at which the recovery starts and the temperature where the recovery is completed. Since it is often difficult to determine the exact start and end of the shape recovery, the range limiting temperatures are defined as temperatures at which a certain extent of the elongation is recovered, a frequently applied range is e.g. $\Delta T_{\text{rec}}$ between 10% and 90% recovery. Values of the discussed shape-memory characteristics are typically average values over several cycles, whereas the first cycle is usually discarded. Values from the first cycle often differ significantly from the values of the other cycles due to the thermomechanical history stored in the sample, which will influence only the
first cycle (e.g. segment-chain orientation and relaxation effects) and will be erased afterwards.

3.1. Dual-shape effect

The dual-shape effect (DSE) is the most simple and common SME and its classic definition for SMPs, in which the polymer material can only remember its original permanent shape coming from a temporary shape (Fig. 7a). Here, the permanent shape is determined by permanent netpoints, whereby the temporary shape is fixed, when temporary netpoints are generated. In addition, several parameters affect the shape-memory performance of SMPs of DSE. For instance, the switching temperature of biodegradable shape-memory poly(rac-lactide) urethane networks could be systematically controlled by choice of comonomers’ type and ratio such as \(\varepsilon\)-caprolactone, diglycolide, and \(p\)-dioxanone (Fig. 8 and 9).[75]
Fig. 7: Schematic illustration of a dual-shape (a) and triple-shape effect (b) on the macroscopic and molecular level. a) The temporary shape is fixed by the formation of temporary netpoints (green) and after application of an external stimulus, the permanent shape is recovered, which is determined by permanent netpoints (red). b) Polymer network possessing triple-shape properties. The temporary shapes are stabilized by two switching segments, the side chain (green) and the chain segment (blue). Reproduced with permission from [17], © 2013 WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim, with figure parts from A. Lendlein, H. Jiang, O. Junger, R. Langer, Nature 2005, 434, 879 Copyright 2005, Nature Publishing Group and M. Behl, J. Zotzmann, A. Lendlein, Adv. Polym. Sci. 2010, 226, 1. Copyright, Springer-Verlag, Berlin Heidelberg 2009; with permission of Springer.
Fig. 8. $T_g$s and regression functions (lines) of polymer networks from star-shaped precursors based on poly(rac-lactide) depending on the comonomer content in the polyester precursors; incorporated comonomer: diglycolide (squares), $\varepsilon$-caprolactone (circles), $p$-dioxanone (triangles). Adapted from [75] with permission. Copyright 2009 American Chemical Society.
Fig. 9. Strain recovery process of copolyesterurethane networks under stress-free conditions in stress-controlled thermomechanical tests; networks were based on PLA precursors incorporating following comonomers: solid line: diglycolide 17 wt%; dashed line: diglycolide 52 wt%; dotted line: \(\varepsilon\)-caprolactone 16 wt%, dot-and-dash line: \(\varepsilon\)-caprolactone 31 wt%. Adapted from [75] with permission. Copyright 2009 American Chemical Society.

3.2. Triple-shape polymers

Smart triple-shape memory polymers (TSPs) are able to store two metastable shapes (temporary shape A and temporary shape B). In the recovery process in response to certain external stimuli, the TSP switch back adapting these intermediated shapes until the permanent shape (shape C) is reached. Generally, physically and chemically crosslinked TSP networks, which contain a phase providing the netpoints and two
independent switching phases associated with two different transitions, are capable of a triple-shape effect (Fig. 7b). For instance, SMPs with two crystalline switching phases combined with each other or with a mixture of amorphous and crystalline domains were demonstrated.[76]

3.3. Temperature-memory effect

A significant influence of the programming condition on the shape-memory behavior was reported to be independent on the recovery process. Polymeric materials providing a temperature-memory effect (TME) can memorize the temperature, which was applied during the programming procedure. This functionality can be realized with SMPs possessing a broad thermal transition area, whereby $T_{sw}$ strongly correlates with the temperature, which was applied during deformation from the permanent shape to the temporary shape. Therefore, the TME enables the adjustment of the recovery temperature according to a specific application, whereby the synthesis of a new material can be avoided.

3.4. Reversible bidirectional SME

SMPs having a broad melting temperature range can furthermore provide a reversible bidirectional SME (rbSME), whereby crystalline domains acting partially as actuator domains (ADs) and partially as shifting-geometry determining domains (SGDs).[71-73] By selecting the temperature of the programming process ($T_{sep}$), the crystalline domains from a broad thermal transition can be divided into ADs and SGDs. At this temperature, the degradable SMPs can be deformed and fixed by cooling to $T_{low}$. Once, the temperature is increased to $T_{sep}$, a melting-induced contraction can be obtained. A
reversible movement is achieved by crystallization-induced elongation as a result of a decrease of temperature in the next step. This novel functionality was realized recently with degradable SMPs based on oligo(ε-caprolactone) segments having an average molecular weight between 2300 and 15,200 g·mol⁻¹.[73] The hydroxyl end groups were functionalized with reactive methacrylate groups and chemically-crosslinked copolymer networks were subsequently obtained by UV irradiation with n-butylacrylate as co-monomer resulting in broad melting transitions. Here, 37 °C was selected as $T_{sep}$, providing reversible shape shifts in a temperature range relevant for biomedical applications (Fig. 10).

![Fig. 10. Macroscopic demonstration of the reversible bidirectional SME, which was realized with biodegradable SMPs. Reproduced with permission from [73]. © 2015 WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim.](image)

### 3.5. Influencing the shape-memory characteristics of SMPs

Generally, the shape recovery ratio $R_r$ reaches higher values in covalent SMPs networks than in thermoplastic SMPs, which can be attributed to a better stability of the permanent shape especially at higher temperature levels by using covalent crosslinks. Creeping during programming is significantly reduced in covalent
polymer networks but bond breaking due to overstraining can result in lower $R_r$ values.

Parameters for controlling the shape-memory behavior of covalently crosslinked polymer networks are the functionality of the crosslinks, the molecular weight of the netpoint connecting polymer chains, and the nature of the switching segments. The functionality of crosslinks and the molecular weight of the polymer chains control the crosslink density and influence in this way the mechanical properties, while the nature of the switching segments influences the characteristics of the SME such as $T_{sw}$, the fixation of the temporary shape, and the recovery rate.

A strategy of lowering high $T_g$s of amorphous switching segments is using the plasticizing effect of a solvent, which is typically water for biomaterials. $T_g$ and correspondingly $T_{sw}$ of PLGA copolymer networks having a glycolide comonomer content of around 20 wt% could be reduced by the uptake of water and the SME at body temperature could be enabled.\[77\] In this way, a solvent induced indirect actuation of the SME was obtained in water at 37 °C. The SME of PLGA copolymer networks was triggered within several hours in 37 °C water depending on the molecular weight of the star-shaped precursors, while no SME was observed after 1 day in 25 °C water. Copolymer networks based on precursors having $M_n$ of 3000 or 5000 g·mol⁻¹ showed a complete recovery within 10 hours of immersion time. However, for a polymer network from precursor with $M_n = 10000$ g·mol⁻¹, $R_r$ value of only 40% after 1 day in 37 °C water was obtained, which could be attributed to the lower crosslink density of the copolymer network.

The shape-memory behavior of copolyesterurethane networks based on three different star-shaped copolyester precursors were investigated by programming under stress-control, while the recovery was performed under stress-free conditions.\[75\] The
values for $R_r$ and $R_f$ were always higher than 95%. $T_{sw}$ correlates with $T_g$ of the networks and could be controlled in a temperature range from -15 °C to 56 °C (Fig. 8 and 9). A vicinity of $T_{sw}$ to body temperature is of special interest for biomedical applications, as found for lactide based copolymer networks based on poly[(rac-lactide)-co-(ε-caprolactone)] (PLC) with 16 wt% ε-caprolactone ($T_{sw} = 34 ^\circ C$) and for poly[(rac-lactide)-co-(p-dioxanone)] (PLD) with 20 wt% p-dioxanone ($T_{sw} = 38 ^\circ C$).

4. SME in polylactide-based polymer networks

4.1. Degradable thermoplastic elastomers based on PLA homopolymers and composites

Physically-crosslinked polymer networks comprising of intermolecular interactions, e.g. hydrogen bonding or crystalline domains, are denominated as thermoplastic elastomers. In contrast to chemically-crosslinked polymer networks, they can be completely molten at high temperature or dissolved by suitable solvents. Thermoplastic polymers like PLLA were reported as SMPs as this semi-crystalline material provides a $T_g$ in the range between 60 °C - 70 °C (correlated with $T_{sw}$) and a melting transition at about 150 °C - 170 °C. The crystalline domains could act as permanent netpoints and can be used to stabilize the permanent shape.\[^78\] Polymer films of the PLLA were obtained by compression molding above the $T_m$ or by solvent casting. The shape-memory behavior of thermoplastic PLLA has been investigated as function of deformation (bending angle), molecular weight, and number of shape-memory cycles.\[^79\] It was reported, that the permanent shape was almost completely recovered when a low deformation (8%) by bending was applied in the programming procedure. The efficiency of the recovery
process decreased with increasing number of shape-memory cycles by about 10% as some physical crosslinks were destroyed until steady state was reached. Furthermore, $R_t$ was not affected by the molecular weight (8000 – 25,000 g·mol$^{-1}$) of PLLA. Moreover, the recovery efficiency was dependent on the deformation temperature with a decreasing recovery when the deformation temperature was increased.$^{[80]}$ The polymer chain orientation during programming was concentrated in the amorphous phase, when the degree of deformation was low. In case of a high deformation, the crystallinity increased, whereby $R_t$ was drastically reduced. For this reason, the structure of PLLA and its change during the programming process influenced the recovery behavior as also reported for PLLA multifilament yarns.$^{[81]}$ Here, a high degree of crystallinity and molecular orientation resulted in higher dynamic and static $E$-modulus, tensile strength and a lower elongation at break.

Furthermore, PDLLA as an amorphous polymer derived from D,L-dilactide was also presented, which exhibited the capability of a water-induced SME.$^{[82, 83]}$ Here, the PDLLA was transferred into the temporary shape by an orientation-programming process resulting in stretched and oriented PDLLA (Fig. 11). The directed movement to the recovered shape was initiated at 37 °C in water, whereby a plasticizing effect similar to the descript PLGA copolymer networks$^{[77]}$ was achieved. The diffusion of water into the physically-crosslinked thermoplastic elastomer cleaved intermolecular dipol-dipol and hydrogen bonding, which drastically reduced the $T_g$ about 12 °C. The release of temporary netpoints was obtained with $R_t = 94\%$ within 10 weeks.
A simple method to enhance the mechanical properties of PDLLA was obtained by solution blending with a stereocomplex (sc-PLA) of enantiomeric PLLA and poly(D,D-lactide) (PDLA) as reported recently (Fig. 12).\cite{84} This specific stereocomplex forms an important crystal modification resulting in higher melting transitions (220 °C – 250 °C) as well as lower thermal and hydrolytic degradation rates.\cite{85-87} The results demonstrated that complete stereocomplex crystallites were achieved, which could reinforce the PDLLA segments, increase the storage modulus when the sc-PLA content was raised, and improve the shape-memory properties as sc-PLA generated strong permanent netpoints. In addition, a delayed enzymatic hydrolytic degradation with proteinase K at 37 °C via surface erosion was found for PDLLA/sc-PLA blends.

\textbf{Fig. 11.} Schematic illustration of the orientation-programming process of PDLLA. Taken from \cite{82} © Springer Science+Business Media, LLC 2011. With permission of Springer.
Fig. 12. a) Potential structures of stereocomplex crystals in sc-PLA networks. b) Thermal properties of sc-PLA networks PDLLA(x), where x describes the total content in wt% of PLLA and PDLA (ratio 1:1). Reproduced from \cite{84} with permission of The Royal Society of Chemistry (http://dx.doi.org/10.1039/C5RA01624J).

In case of hard tissue application, the design of composite materials was reported to enhance mechanical properties. Hydroxyapatite (HA, Ca\(_{10}\)(PO\(_4\))\(_6\)(OH)\(_2\)) as composite material provide excellent bioactivity, biocompatibility, as well as osteoconductivity\cite{88-90} and was successfully introduced in SMP based on PDLLA thermoplastic elastomers by solvent casting.\cite{91} The composite-to-sample ratio was varied, whereby the sample thickness and composition affected the recovery time. An optimum shape recovery of 99% was obtained, which exceeded \(R_t\) for pure PDLLA samples, with samples having a PDLLA/HA ratio between 2 and 2.5. Here, hydrogen bonding between the C=O group of PDLLA and the surface P-OH of HA were detected by IR and XPS,\cite{92} which acted as a steady stationary phase and could therefore improve the shape memory property. A similar tendency was achieved when hybrid nanocomposites were designed via in situ grafting polymerization of HA and DLLA (Fig. 13).\cite{93} Here, it was found that the
nanocomposites with varied HA content between 5 and 25 wt% provided an increased recovery performance in comparison to pure PDLLA. In addition, materials having a covalent bond between HA and PDLLA enabled higher $R_r$ values than composite blends (control material).

![Fig. 13. Schematic illustration of hybrid nanocomposite formation with HA as initiator for ROP of DLLA. Reproduced from [93] with permission of The Royal Society of Chemistry (http://dx.doi.org/10.1039/C3TB21861A).](image)

Another interesting candidate as inorganic filler presents $\beta$-tricalcium phosphate (TCP, $4\beta$-Ca$_3$(PO$_4$)$_2$). Excellent shape-memory properties were reported for PDLLA/TCP composite materials. A systematic degradation study was performed in PBS at 37 °C and the interaction mechanism between PDLLA chains and the inorganic particle were analyzed.[94] For samples preincubated in PBS, $R_r$ decreased within 56 days from 98% - 96% to 67% - 56%. This decrease was related to the cleavage of ester groups as monitored by GPC measurements, which induced a decrease in $T_g$ and the scission of
entanglements acting as physical crosslinks. In addition, as result of degradation, a phase change of TCP was indicated by the formation of $\text{Ca}_2\text{P}_2\text{O}_7$, $\text{CaHPO}_4$, and HA, which affected the hydrogen bonding between PDLLA and the inorganic material and could therefore also reduce the recovery efficiency.

The formation of hydrogen bonds was furthermore detected for nanocomposites consisting of PDLLA and magnetite ($\text{Fe}_3\text{O}_4$). The interfacial interaction enhanced the tensile strength while the elongation at break ($\epsilon_b$) was reduced. However, the presence of magnetic nanoparticles with a diameter of 20 nm enabled the stimuli-sensitivity to an alternating magnetic field and therefore an alternative approach to recover the original shape.\cite{95}

In addition, SMP blends consisting of PLLA homopolymers and poly(methyl methacrylate) (PMMA) were reported to be capable of multiple shape transitions.\cite{96, 97} Blends were prepared by twin-screw extrusion. Thermal analysis of the obtained thermoplastic elastomers with a weight ratio of 1:1 demonstrated a broad $T_g$ between 60 °C and 100 °C. These physically-linked polymer networks exhibited a DSE and additionally also a TSE, which was obtained by a two-step programming procedure at separated temperatures. Furthermore, a temperature-memory effect was successfully obtained for these materials using the broad glass transition.

The incorporation of glycolide as another biodegradable component into thermoplastic lactide-based SMPs is an possibility to reduce the $T_g$ of PLLA towards the physiologically relevant range. For example, a fully degradable SMP was designed by solvent casting of a mixture of PLLA and poly(glycolic acid) (PGA). This thermoplastic elastomer was processed to a stent prototype, which exhibited self-expansion at body temperature.\cite{34}
4.2. Chemically-crosslinked PLA homopolymers

Besides thermoplastic PLA homopolymers, chemically-crosslinked PLA networks were studied in which possible creep phenomena are retarded by covalent bonds. When the thermo-reversible Diels-Alder reaction was used for the formation of covalent crosslinks, recyclable SMP networks were obtained, which would easily be cleaved when the temperature is increased above the bond-dissociation temperature of 160 °C. Here, four- or six-arm PLLA was end-group functionalized with furan moieties and was crosslinked with a maleimide linker under heating conditions. The mechanical strength was improved when the linker included flexible units like hexamethylene dimaleimide or dodecamethylene dimaleimide.

Recently, PLLA networks were investigated as degradable and electrically conductive materials with shape-memory properties to regulate cell activities. Six-arm PLLA macromolecules were synthesized with inositol as initiator for ring-opening of LLA. Here, the initiator acted as chemical netpoint as required for SMPs. An aniline trimer was incorporated with hexamethylenediisocyanate (HDI) to equip the SMP with electroactivity. The obtained mechanical properties were tunable in the range of GPa (37 °C) and the PLLA based materials possessed high fixity and recovery ratios with a short recovery time when the temperature was increased. Furthermore it was demonstrated that the cell proliferation (mouse myoblast cell line) and the osteogenic differentiation were greatly enhanced, which are important factors for bone tissue engineering.

4.3. Thermoplastic, elastomeric copolymer networks

SMPs based on PLA possessed shape-memory properties when the networks were
heated above $T_g$ ranging between 60 °C and 70 °C. In order to adjust the SME to body temperature as desired for the use in biomedical applications, various studies were performed on copolymer networks, whereby the thermal and mechanical (Fig. 14) as well as shape-memory function and the degradation behavior can be modulated by the comonomer/copolymer content and type.

Fig. 14. Mechanical properties of networks from star-shaped copolymer precursors based on poly(rac-lactide) as functions of comonomer content in precursors, lines are guide for the eye; a) Young's modulus; b) strain at break; incorporated comonomers; (squares) diglycolide; (circles) $\varepsilon$-caprolactone; (triangles) $p$-dioxanone.

Adapted from [75] with permission, copyright 2009 American Chemical Society.

PLLA-co-PEG (poly(ethylene glycol)) copolymer-based polyester urethanes (PEUs) were synthetized by ROP of LLA with PEG-diol as initiator.[103] These triblock copolymers were subsequently linked in a polyaddition reaction using 4,4'-methylene diphenyl diisocyanate and 1,4-butandiol (as hard segment providing permanent netpoints) to obtain PEUs in which PLLA-co-PEG was the soft segment (acting as switching domain) (Fig. 15). A broad range of $T_g$s between 0 °C and 57 °C were achieved by the variation of the PEG chain length (600 - 6000 g·mol$^{-1}$) and soft-to-hard
segment ratio. In addition, the elastic moduli were affected by the chain length of the soft segment and an almost complete recovery of the permanent shape was achieved when the hard segment content was above 65%.

Another study demonstrated the influence of the stereocomplexation between PLLA and PDLA incorporated in triblock copolymers on microphase separation, mechanical and shape-memory properties.\textsuperscript{[104, 105]} The SMPs were synthesized by ROP of LLA and/or DLA with poly(ethylene-co-butylene) as initiator. An increased $T_m$ from 160 °C to 220 °C was detected for enantiomeric blends due to the formation of PLLA/PDLA stereocomplex crystallites. The microphase-separated morphologies of PLLA-PDLLA based blends displayed spherical, cylindrical, and laminar structures (dependent on the PLLA content), whereby a less ordered morphology was detected for stereocomplexes as evaluated by SAXS measurements.

During the past decades, much work was focused on the synthesis of poly[\textit{L,L}-dilactide]-\textit{co-}(\textit{\textepsilon}-caprolactone)] PCLA copolymers as poly(\textit{\textepsilon}-caprolactone) PCL has been widely

\textbf{Fig. 15.} Synthesis rout of PLLA-co-PEG polyester urethanes with PEG as initiator. Adapted from\textsuperscript{[103]} with permission. Copyright © 2011 John Wiley & Sons, Ltd.
used in the medical field due to its degradability and biocompatibility.[106] Semi-crystalline random PCLA copolymers were synthesized by ROP of LLA and \( \varepsilon \)-CL. While the PLLA crystals acted as physical crosslinks (permanent netpoints), the amorphous fraction behaved as reversible switching phase.[107-110] Here, the \( T_g \) of PLLA was reduced to 14 °C - 54 °C. Furthermore, the intrinsic viscosity of the networks was increased with increasing \( \varepsilon \)-CL content resulting in improved shape-memory properties. Furthermore, the \( R_r \) decreased as function of deformation strain because the PLLA crystals were deformed. The \( \varepsilon \)-CL content also significantly affected the tensile strength and \( \varepsilon_b \) resulting in lower strength and higher \( \varepsilon_b \) with increasing wt% of \( \varepsilon \)-CL.[111] A faster degradation rate with a mass loss up to 35 wt% within 200 days was achieved with the SMP having the highest \( \varepsilon \)-CL content. Here, the cleavage of ester groups decreased \( R_r \) and the recovery stress.

Another strategy to design SMPs based on PLLA and PCL is to synthesize polyurethanes by ROP of LLA, which was initiated by PCL-diols to achieve a triblock-copolymer, and subsequently by polyaddition of these triblock copolymers with HDI.[112] In these polyurethanes the PCL formed crystalline domains, as PLLA and PCL were phase segregated and thus the \( T_{sw} \) correlated with \( T_m \) of PCL, which was close to body temperature. Excellent shape-memory properties in terms of \( R_f \) and \( R_r \) were observed for all tested elongations between 50% and 350%.

One of the most used synthetic biodegradable copolymer for applications as drug delivery system or in the field of tissue engineering is poly(lactide-co-glycolide) (PLGA).[53, 113, 114] For SMPs based on PLGA nanoparticles a non-contact method was reported, whereby an external heating can be avoided. Here, instead of magnetic nanoparticles, which can generate heat under application of an alternating magnetic field,
high-intensity focused ultrasound (HIFU) was used as stimulus for the shape recovery process (Fig. 16).\textsuperscript{[115]} Compared to magnetic actuators the application of HIFU provides a safer and effective stimulus as extra components (magnetic particles) are not required. Furthermore, it is used as noninvasive surgical tool and the generated acoustic waves can interact with PLGA chains to increase the temperature. In addition, when the SMPs were loaded with proteins the application of HIFU also induced an on demand release.

\textbf{Fig. 16.} Schematic illustration of: preparation of PLGA nanoparticles and thermoplastic elastomers by hot-pressing, shape recovery and on demand drug release after application of high-intensity focused ultrasound. Reprinted with permission from\textsuperscript{[54]}. Copyright 2013 American Chemical Society.
Thermoplastic elastomers consisting of PLLA, PCL, and poly(glycolic acid) PGA were furthermore investigated as SMPs as PLLA could act as hard segment, PCL as soft segment, whereby the glycolic acid units would accelerate the degradation of the material. For example, multiblock copolymers were synthesized by polyaddition of PLLA-diols with poly[glycolide-co-(ε-caprolactone)]-diols.\textsuperscript{[54]} The mechanical properties were adjustable by the PLLA content and chain length. The determination of degradation rate demonstrated the degradability of these SMPs as function of glycolide content, which was obtained between 1 and 2 months.

Recently, also blends consisting of PLGA and PCLA and were investigated as SMPs for blood contacting applications as a reduced fibrinogen adsorption and platelet adhesion compared to PCLA, PLGA, or collagen were shown.\textsuperscript{[2]} Cell proliferation and alignment furthermore indicated the potential usage as cellular matrix for stem cell differentiation. In addition, when PCLA was reinforced with PGA by in situ fibrillation, a strong interaction of PGA with the copolymer matrix was obtained, whereby the recovery ability was increased compared to PCLA.\textsuperscript{[116]}

One possibility to improve mechanical and thermal properties of thermoplastic elastomers based on copolymers, e.g. PCL-PLLA block copolymers, was the reinforcement by the design of composite materials.\textsuperscript{[117]} In this case the cellulose nanocrystals were used as bionanocomposites. As a result, the thermal degradation of the PCL block was shifted to higher temperatures, while degradation of PLLA remained constant. A decrease of thermal stability was obtained when HA was used as composite material.\textsuperscript{[118]} The HA strongly affected the crystallinity as well as $T_m$ of the PCL blocks as HA preferentially interacted with a PCL rich phase. In a low content, HA acted as plasticizer, whereas a reinforcement was obtained with a higher HA content ($> 3$ wt%).
The reinforcing with a strong filler like inorganic composite materials was also reported for random PCLA. Here, e.g. CaCO$_3$ whiskers (rod-shaped single crystal fiber) were mentioned as CaCO$_3$ was safe to use in clinical settings.$^{[119]}$ The obtained composite materials exhibited an uniform distribution of the inorganic component in the polymer matrix, a slight increase in $T_g$, excellent elastomeric behavior with a high $\varepsilon_b$ (480%-600%), and increased storage moduli. When the CaCO$_3$ content was increased $R_f$ increased from 75% to 99%, whereas $R_r$ decreased from 86% to 65%. Also multiwalled carbon nanotubes (MWCNTs) were investigated as potential filler material to obtain a reinforcing effect. The incorporation of MWCNTs resulted in a higher degree of crystallinity in PCLA copolymers, whereby $R_f$ and $R_r$ were slightly increased.$^{[120]}

4.4.Chemically-crosslinked copolymer networks

The presented PLA copolymer networks based on physically-crosslinks, whereby they could exhibit poor shape stability due to irreversible viscous flow. As covalently crosslinked systems should not have these drawbacks, they are suitable for a long storage before usage as result of their high dimensional form stability. Also for crosslinked copolymers the thermal properties, mechanical, as well as shape-memory properties can be controlled by incorporation of different comonomers or copolymers.$^{[121, 122]}$ One possibility was the synthesis of chemically-crosslinked copolymer networks by thermal crosslinking of PLLA and PEG blends with diisocyanates.$^{[123]}$ In comparison with non-crosslinked blends, crosslinked SMPs exhibited the increase in mechanical properties and higher $R_f$ and $R_r$ values. Also the photo-crosslinking of end-group methacrylated copolymers, e.g. poly(DLLA-\textit{co}-TMC)
was reported recently.\textsuperscript{124} In these systems, a glass transition between -13 °C and 51 °C was obtained as function of the TMC content, as poly(TMC) is amorphous having a $T_g$ about -15 °C. The $E$-moduli were significantly influenced by the composition, were adjustable between 5.3 Pa and 2450 Pa, and $\varepsilon_b$ up to 800% were achieved. These SMPs were molded into a spiral-shape (for vascular stenting), complex anchor structures (as an occluder in closing soft defects), or in porous scaffolds (as volume filling material) to demonstrate they huge potential for biomedical applications. Furthermore, an annulus fibrosus closure device was prepared with a DLLA to TMC molar ratio of 60:40, which could be inserted minimally invasively in the disc of a cadaveric canine spine.\textsuperscript{125}

In addition to the presented SME induced by heat, water, magnetic field, and HIFU, recently, a light-induced SME was established in PEUs consisting of PLLA-diols as hard segment, which were connected to PCL-diols as soft segment by means of a diisocyanate linker.\textsuperscript{126} Here, the introduction of the photoresponsive $N,N$-bis(2-hydroxyethyl) cinnamamide enabled the cross-linking reaction via \([2 + 2]\) cycloaddition reaction when exposed to $> 260$ nm UV light (Fig. 17). As these temporary crosslinks can be reversibly cleaved upon irradiation with UV light $> 260$ nm, the presented system exhibited shape-memory properties at room temperature and the properties of this functionality were affected by the content of photoresponsive groups.
Fig. 17. Schematic illustration of the light-induced SME in PLLA/PCL polymer networks, in which the photoresponsive cinnamamide units acted as temporary netpoints. Reprinted with permission from [126]. Copyright 2011 American Chemical Society.

Furthermore, also the copolymerization of lactides with glycolid units was reported. Here, a series of degradable poly[(L,L-dilactide)-co-glycolid] copolymer networks were synthesized with a random sequence structure, which was obtained by transesterification using dibutyltin oxid as catalyst.\textsuperscript{[127, 128]} The crosslinking reaction was performed by UV irradiation of end group methacrylated copolymers. The random structure resulted in completely amorphous copolymer networks. While $E$-moduli were influenced by the crosslinking density, $T_g$ was not affected and was almost constant at 55°C. Excellent shape-memory properties with $R_f$ and $R_r > 99\%$ were achieved when a fixity temperature ($T_{low}$) just below $T_g$ was selected, which was related to a low stress increase during fixation minimizing irreversible bond breakage. In order to obtain a high elasticity even below $T_g$, a second amorphous phase (ethyl acrylate, butyl acrylate, or hexyl acrylate) having a lower glass transition was incorporated.\textsuperscript{[129]} Here, phase-
separation was achieved with hexyl acrylate, whereby a clearly enhanced elasticity was
detected. Due to the presence of two separated $T_g$s, these two-phase systems have the
potential to exhibit a triple-shape functionality.

5. Degradation mechanism of biodegradable SMP networks

The use of non-permanent SMPs networks for biomedical devices requires a profound
investigation of their biocompatibility, and biodegradability. Biodegradable SMPs are
intended to operate for a specific time period and are then supposed, depending of the
materials-type, to be eliminated from the human body under a controlled mechanism. In
this way, the risk of medical problems related to the long-term exposure of foreign
materials should be reduced and, on the other hand the need for second surgeries for
implant removal is avoided, which are some of the advantages of biodegradables SMPs
upon the permanent polymer materials.

In addition, in the case of application of biodegradable SMP for drug delivery
applications, the physical and chemical properties of SMPs determine the type of
degradation mechanisms and therefore the drug release profiles. Two types of
degradation mechanisms have to be considered: degradation by chemical hydrolysis and
enzymatic degradation. Details about the chemical and enzymatic degradation
mechanisms of SMPs are described below.

5.1. Degradation by chemical hydrolysis

Biodegradation of polymers is mainly caused by hydrolytic bond cleavage. In addition
to the hydrolysis rate, the rate of degradation is determined by diffusion processes,
mainly the diffusion of water into and small degradation products out of the polymer matrix. Generally two mechanisms of biodegradation can be differentiated depending on the ratio hydrolysis rate versus diffusion rate.\textsuperscript{[130]} Surface degradation shows linear degradation characteristics, directed from the surface to the center of the polymeric implant. Here, the diffusion is slow and confines the degradation to the area near the surface while the hydrolysis rate is high (Fig. 18a). The implant is permanently reduced in size but sustains its integrity and properties in the parts distant from the surface. In contrast, bulk degradation is a non-linear process. Diffusion is fast compared to the hydrolysis and allows degradation to take place all over the polymer matrix. Within a material specific induction time mechanical properties deteriorate without size reduction of the polymer body during the generation of larger degradation products. After that time period the degradation products become small enough to diffuse out of the polymer matrix and the implant disintegrates with a fast mass loss. The effective degradation behavior often shows a mixture of characteristics from both models depending on diffusion rate, hydrophilicity, and homogeneity of the implant material. Amorphous polymer networks show a more homogenous degradation than crystallizable polymer networks, which is advantageous for application as implant materials.
Fig. 18. Degradation mechanisms by chemical hydrolysis (a) and enzymatic hydrolysis (b).

Hydrolytic degradability of SMPs can be realized by the introduction of weak hydrolysable bonds, which can be easily cleaved under physiological conditions.\cite{131} Therefore, the class of (co)polyesters is mostly applied for such biomaterials. The ester bond can be cleaved hydrolytically, whereas the rate of hydrolyzation depends on the nature of the (co)monomers. However, another influencing factor is the steric accessibility of the ester bonds since hydrolytic degradation is hindered by bulky substituents.

The sample mass after a degradation period $t_d$ relative to the original sample mass $m(0)/m_0^{-1}$ is used to demonstrate the mass loss due to the release of water soluble products during degradation.

In case of PLA, the hydrolytic cleavage of ester groups is highly influenced by the stereocenter. While a heterogeneous hydrolytic degradation with a higher rate in the
internal material compared to the polymer surface was reported for amorphous PDLLA, semi-crystalline PLLA possessed two stages of ester scission. Firstly the random hydrolytic cleavage of ester bonds in amorphous domains resulting in an increasing crystallinity and secondly the degradation of the crystalline fraction from the edge towards the crystal center. On the other side, stereocomplexes, which can be formed during degradation, possessed high resistance towards hydrolytic ester cleavage.

Hydrolytic degradation experiments carried out on copolyesterurethane networks based on star-shaped PLGA precursors showed three phases of degradation. In the first phase the mass was unchanged, which indicates bulk degradation. The second phase was characterized by accelerated mass loss and the third phase showed retarded mass loss (Fig. 19). In the first phase called induction period water diffused into the polymer networks and started hydrolytic cleavage of copolyester segment chains. The diffusion of water is influenced by the hydrophilicity of polymer networks and increased with increasing glycolide content of the copolyester network. During this period the partly degraded chain segments were still connected to the network. In the second phase hydrolysis generated degradation products being small enough to diffuse out of the polymer network and causing the mass loss.
Fig. 19. Hydrolytic degradation of copolyesterurethane networks in aqueous phosphate buffer solution (pH 7) at 37 °C. Relative mass loss as function of the degradation time; copolyesterurethane networks from three-arm (blank symbols) and four-arm precursors (filled symbols). $M_n$ of the precursors: 1000 g mol$^{-1}$ (squares), 5000 g mol$^{-1}$ (circles), and 10,000 g mol$^{-1}$ (triangles). Adapted from$^{[135]}$ with permission, © 2005 Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim

Copolyesterurethane networks from four-armed precursors exhibited an induction period of 60 to 125 days compared to 45 to 65 days of the polymer networks from the three-armed precursors. The longer induction period is attributed to a slower diffusion in the beginning due to the higher crosslink density.

The influence of the comonomer content in PLGA based SMPs networks was investigated using four polymer networks providing a glycolide content ranging from 0 wt% to 52 wt%. The induction period decreased significantly when the comonomer content was increased as the ratio of easily hydrolysable glycolate ester bonds and the hydrophilicity of networks increased (Fig. 20a). Furthermore, the cleavage of ester
bonds in the network led to a decrease in the crosslink density so that the swelling of the polymer network will increase and further accelerate degradation.

**Fig. 20.** Relative mass loss as a function of degradation time of copolyesterurethane networks, curves are guidelines for the eye; a) PLG with glycolide content of 0 wt% (squares), 17 wt% (triangles), 30 wt% (circles), and 52 wt% (diamonds); b) PLC (filled) and PLD (blank) with comonomer content of 12 wt% (triangles) and 20 wt% (circles). Adapted from [75] with permission. Copyright 2009 American Chemical Society.

On the other hand, the relationship between the chemical composition and the degradation behavior in SMPs networks from copolymers based on rac-lactide and comonomers likes $p$-dioxanone and $\varepsilon$-caprolactone, with different comonomer contents, were studied. [75] Generally, in each copolymer network series higher comonomer content resulted in faster hydrolytic degradation (Fig. 20b). The relative mass loss of poly[(rac-lactide)-co-($p$-dioxanone)] and poly[(rac-lactide)-co-($\varepsilon$-caprolactone)]-based SMPs networks was affected significantly by their thermal properties. When $T_g$ was below 37 °C, copolymer networks were rubber-elastic at body temperature facilitating diffusion of water and degradation products. Hence, the mass loss of poly[(rac-
lactide)-co-(ε-caprolactone)] networks having 12 wt% comonomer started earlier than for the copolymer networks based on poly[(rac-lactide)-co-(p-dioxanone)] precursors with 17 wt% comonomer although glycolate ester bonds have higher hydrolysis rates than hydroxycaproate ester bonds.[136]

Therefore, the degradation rate of the copoly(ether)ester urethanes depended not only on the hydrolysis rate of their ester bonds, but also on the materials hydrophilicity and on the molecular mobility, which was significantly different at temperatures above or below \( T_g \). Furthermore, it was found that the change of network composition starts much later than the change of architecture, leading to a wave-like changing of \( T_g \). A similar change was observed for \( \varepsilon_b \) in some networks, which was increased at certain time points, likely due to the formation of entangled non-linear fragments incorporated into the network. \( E \) decreased with time in all studied networks, so that an abrupt loss of mechanical properties could be avoided, most notably in the low crosslinked PLG networks.[137]

### 5.2. Enzymatic degradation

In enzymatic degradation the process of polymer chains scission is catalyzed by the action of enzymes. The enzymes involved in the degradation of biodegradable polymer materials are mainly the non-plasma specific enzymes which are, among others, phosphatases, amylases, and lipases. Lipase-type enzymes are responsible for the degradation of polyester-based SMPs.[138-141] The enzymatic hydrolysis process encompasses several steps such as: the diffusion of the enzyme from the surrounding medium to the polymer material, the adsorption of the enzyme on the polymer surface and the subsequent enzyme-polymer complex formation, and finally after the enzyme
action, the diffusion of the degradation products from the polymer matrix to the bulk solution.

In case SMPs with a hydrophobic character, the surface erosion by enzymatic degradation is superimposed by a degradation of the inner matrix as the extracellular enzymes are small enough to penetrate inside the polymer matrix. The enzymes excreted by microorganisms such as bacteria, cleave the ester bond in the polymer structure, reducing the molecular weight and generating small fragments that are water-soluble. Afterwards, such fragments are transported into the cells to be metabolized by the Kreb cycle resulting in the formation of carbon dioxide and water (Fig. 18b).\textsuperscript{[142, 143]}

It is important to highlight that the enzymatic degradation process is affected by the characteristics related to the enzyme used (conformation, concentration, stability, activity) and by the chemistry and physical properties of the polymeric material (chemical composition, crystallinity, molecular weight, etc.). In addition, chemical modifications of SMPs by grafting functional groups of different natures in the polymeric backbone or by copolymerizing monomers (with different characteristics) and varying molar ratios can induce changes in the kinetic and mechanism of enzymatic degradation process.

Recently, the enzymatic degradation of copolymer based on TMC and DLLA, with appropriate monomer feed, were performed using proteinase K at 37 °C. The results have shown a direct dependence between the monomer feed and the enzymatic degradation rates. Poly(1,3 trimethylene carbonate) homopolymers (PTMC) exhibited not significant mass loss within 11 days in contrast to the copolymer materials containing 82% of lactide units, exhibiting 91% of mass loss in the same time period. As a consequence, changes in the morphology and mechanical properties were observed.\textsuperscript{[144]}
The enzymatic degradation of block-copolymer networks resulting from photocured PLLA-diols and PCL-diols with the photoreactive chain extender 4,4-(adipoyldioxy)-dicinnamic acid with different weight contents, was also investigated using Pseudomonas cepacia lipase and proteinase K as enzymes. While Pseudomonas cepacia was reported to degrade pure PCL, the proteinase K prefers the cleavage of PLLA bonds. Therefore, the content of PCL and PLLA is an important parameter to influence $t_d$. A mass loss about 90% was achieved for an PCL content about 75 wt% within 18 days, whereas the rate of degradation decreased drastically with an increase in the PLLA content when Pseudomonas cepacia was used. On the other hand, the mass loss increased with proteinase K with increasing lactide content, as this enzyme shows a higher substrate specific for the hydrolysis of PLLA.

6. Summary and conclusion

In this article SMPs were presented, whereby lactide units contributed in a variety to the network architecture resulting into different functions. PLA chain segments acted as permanent netpoints utilizing crystalline domains as well as temporary netpoints utilizing the $T_g$, which was in biomedical application relevant area. Furthermore, dual-shape, triple-shape, and temperature-shape effects were realized, whereby the stimulus could be extended from heat to a water-, light-, magnetically-, and ultrasound-induced SME. The combination with other co-monomers or polymers enabled the adjustment of $T_{sw}$, mechanical, and shape memory properties.

The additional function of biodegradability created multifunctional materials which broadened the fields of application of this interesting material class. While basic research
in SMPs is progressing rapidly, in the future more attention may also be paid to the translation of the materials into clinical applications. Here, first examples for degradable lactide-based shape-memory polymers could be demonstrated as drug delivery systems or for the field of tissue engineering. By combining the SME with biodegradability and controlled drug release in one polymeric system, multifunctional materials could be obtained, which opens up biomedical applications beyond medical devices. It can be anticipated that the recent advances achieved in shape-memory technology such as reversible bidirectional actuation will be transferred to degradable SMP based on lactide acid as well. In this way, even the control of the release profiles by the shape-memory actuation can be thought of.

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