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**Atmospheric annular modes in simulations over the past
millennium: No long-term response to external forcing**

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**₁ The simulated tropospheric annular modes show no
₂ long-term response to external forcing over the past
₃ millennium**

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4 This study analyzes whether the imprint of external forcings can be de-
5 tected in the long-term evolution of the main atmospheric circulation pat-
6 terns in climate simulations over the last millennium. The external forcing
7 is not found to significantly add variability in any frequency band compared
8 to control simulations where the external drivers are kept constant. Addi-
9 tionally, a method designed to detect a common signal in the time evolution
10 of these circulation patterns among all simulations is proposed, and employed
11 to demonstrate that the null hypothesis of an evolution dominated by inter-
12 nal variability can not be rejected regardless of the time smoothing applied
13 to the series. Given that the fingerprint of external forcings on atmospheric
14 circulation has been successfully detected in simulations of the 20th century
15 climate and in future climate change projections, we argue that either the
16 effect of past natural forcing is too small, state-of-the-art climate models un-
17 derestimate their climate sensitivity, or the anthropogenic forcing qualita-
18 tively differs from the natural forcing in its effect on main circulation pat-
19 terns.

1. Introduction

20 The variability of the atmospheric circulation in December-to-February is dominated in
21 each hemisphere by two annular modes: the Arctic Oscillation (AO) and the Antarctic
22 Oscillation (AAO) [*Thompson and Wallace, 2000*]. Closely related with the former, the
23 North Atlantic Oscillation (NAO) is another important mode of variability which largely
24 influences the climate in the North Atlantic area in wintertime [*Hurrell, 1995*]. These
25 annular modes modulate the intensity of westerlies and the mid-latitude storm tracks,
26 exerting a strong impact on regional climates at mid-latitudes and hence on human ac-
27 tivities. Thus understanding their variability and its causes is important to estimate
28 the range of possible fluctuations and evaluate their predictability under climate change
29 scenarios.

30 However, a key question is whether their long-term variations are to some extent driven
31 by external forcings, or whether they are dominated by the internal variability of the
32 climate system. Simulations with climate models show a response of the modes of atmo-
33 spheric circulation to changes in the external forcing. *Miller et al. [2006]* found that both
34 the AO and AAO intensify in response to anthropogenic greenhouse gas forcing across
35 almost all CMIP3 models. Similarly, *Stenchikov et al. [2006]* analyzed the AO response of
36 the CMIP3 models to volcanic eruptions in the 20th century, and generally found an in-
37 tensification, albeit weaker than that derived from observations. *Swingedouw et al. [2010]*
38 studied a long palaeoclimate simulation and described how forcings can exert a fingerprint
39 on the NAO evolution with a time lag longer than 40 years. More recently, *Zanchettin*
40 *et al. [2012]* identified a coherent decadal response of the NAO to strong volcanic eruptions

41 in an ensemble of climate simulations of the last millennium, and suggested a physical
42 explanation. Similarly, *Scaiife et al.* [2013] used an ensemble of 20 ideal simulations with
43 the HadGEM3 model to analyze the response of the NAO in the 5 years following an
44 abrupt change in the solar irradiance, finding a delayed, physically plausible, response
45 to these changes. Thus, a response of the atmospheric modes over the past millennium
46 can be *a priori* expected at various timescales, although its detection outside the range
47 of internal variations will depend on the magnitude of the forcing and on the realism of
48 the response simulated by climate models. In general terms, the above question is re-
49 lated to the evaluation of the signal-to-noise ratio, which depends on the variable under
50 consideration. For temperature, the fingerprint of the external forcings is very clear and
51 can be detected even at regional scales, whereas in others variables such as precipitation
52 the internal variability becomes dominant [*Gomez-Navarro et al.*, 2012]. However, the
53 origin of the low-frequency (decadal to centennial) variability of NAO AO, and AAO is
54 still debated and can only be addressed through the use of large ensembles of climate
55 simulations forced by realistic reconstructions of the external factors.

56 Additionally, there exist a number of climate reconstructions for these variability modes.
57 Notably, the NAO index has been reconstructed by a number of researchers based on dif-
58 ferent proxy indicators over the last centuries (see *Pinto and Raible* [2012] for a recent
59 review). However, although the reconstructed indices compare relatively well in the pe-
60 riod used as calibration, disagreements become apparent in the pre-industrial period. In
61 any case, the analysis of the evolution of the annular modes and of the NAO in paleo-
62 reconstructions is only useful to constrain their possible response to anthropogenic green-

63 house gas forcing in as much its past evolution is also driven by the external forcings.
64 *Trouet et al.* [2009] found that the reconstructed NAO index over the past millennium
65 follows the evolution of the Northern Hemisphere temperature at centennial time scales,
66 with stronger NAO during the Medieval Climate Anomaly (MCA) and in the recent warm
67 period and a weaker NAO during the Little Ice Age (LIA). However, whether this is caused
68 by a response of the NAO to external forcing is not clear, since the ultimate character
69 and extent of the MCA as a manifestation of internal variability is still debated [*Goosse*
70 *et al.*, 2012].

71 Hence, in the present study we analyze, for the first time, a large ensemble of state-
72 of-the-art climate palaeo-simulations over the last millennium to address the question
73 of whether there is a long-term coherent response of the atmospheric annular modes of
74 variability to the external forcings that significantly differs from the background of internal
75 variability.

2. Data and methodology

2.1. Climate simulations

76 This study employs state-of-the-art palaeo-climate simulations belonging to two main
77 ensembles with their respective control runs. On the one hand, a total of ten simulations
78 (denoted here as MILL-STRONG, MILL-WEAK and MILL-CONTROL) with the same
79 model setup has been performed under the umbrella of the MILLENNIUM project. On
80 the other hand, the available simulations for the last millennium within the CMIP5 ini-
81 tiative have also been considered (denoted as MPI, NCAR, IPSL, BCC, NASA and their
82 respective control runs). Although the size of this multi-model ensemble is smaller (5

members so far), it considers different model setups and tend to follow the same protocol
 [Taylor *et al.*, 2012]. For further details on the meaning of these alias, the resolution,
 model setup and forcings employed for these simulations, the reader is referred to the
 supplementary material.

2.2. Methodology

We analyze the evolution of the indices of the December-February NAO, AO and AAO
 within different climate simulations, defined by a Principal Component Analysis (see sup-
 plementary material for technical details). First, the spectra of the series in the forced and
 unforced simulations are analyzed and compared to assess whether the forcing introduces
 additional variability in any frequency band. The spectra of the series have been obtained
 with the Barlett estimator using a cut-off window of 50 years [von Storch and Zwiers,
 2003].

Additionally, the common signal in the ensemble, and its statistical significance, has
 been identified by Principal Component Analysis. The method consists of pooling all the
 indices representing each variability mode derived from all simulations, and calculating
 the Empirical Orthogonal Functions of the resulting sets of indices. Given N different
 simulations, each one generating an index (NAO, AO or AAO) for T time steps, the
 pseudo field

$$f(s, t) = \text{Index}_s(t); \quad s = 1, 2, \dots, N, \quad t = 1, 2, \dots, T$$

is constructed and its first Empirical Orthogonal Function (EOF) computed. If the vari-
 ability in the series is completely due to internal dynamics, the series should be uncorre-
 lated and thus the total variance is equally spread over all the N EOFs, with an expected

97 value for the percentage of variance explained by each EOF equal to $100/N$. On the other
98 hand, large departures from this expectation value will indicate that the series present a
99 significant amount of redundancy, pointing to a cross-correlation of these indices across
100 the simulations, caused by the response of the climate system to the external forcings.

101 The probability distribution of the variance explained by the leading EOF is unknown,
102 and it has been estimated numerically in this study through a combination of bootstrap
103 and Monte Carlo methods. We use the original simulated series as seeds for a bootstrap
104 method to generate surrogate series that are uncorrelated but that retain the same serial
105 correlation structure of the original series [Ebisuzaki, 1997]. The surrogate series are then
106 pooled and the percentage of variance explained by the first EOF is obtained for these
107 series. We repeat this Monte Carlo experiment 2000 times, which allows us to numerically
108 obtain the distribution of this statistic under the null hypothesis of mutually uncorrelated
109 series.

3. Results

110 The leading EOFs derived from the seasonal SLP field, defining the NAO, AO and AAO
111 indices, are shown for one of the MILL-WEAK simulations in the first row of Figure 1.
112 The patterns are very similar across the simulations, with spatial cross-correlations above
113 0.9 in all cases. The associated indices for all simulations, resulting from the projection of
114 the SLP anomalies onto these patterns, are shown in the lower panels in the same figure,
115 together with the reconstructions of the external forcings. Larger differences appear in
116 the temporal component, which is the one analyzed hereafter.

3.1. Spectra of the simulations

117 The spectra of the NAO, AO and AAO series for the CMIP5 forced (control) simulations
118 are depicted in solid (dashed) lines in Figure 2, together with the spectrum of the total
119 external forcings (black thin line, in different vertical scale) for comparison purposes only.
120 The shaded area represents the range of spectra within the MILLENIUM ensemble, and
121 illustrates the spread in the calculation of the spectra within the same model. It is roughly
122 of the same size as the error in the estimation of the spectra, illustrated by the vertical
123 segment.

124 While the forcing spectrum is slanted towards low frequencies, simulations exhibit a
125 rather flat spectra which distributes homogeneously the variance over all frequency bands.
126 The spread among different model runs is in general large enough to encompass the spread
127 in the control runs, and it is similar to the error bars and to the spread of the MILLENIUM
128 ensemble. The only exception seems to be the variability of the AO in the BCC model
129 at periods of around 25 years. However, in this case the signal is inconsistent, showing
130 opposite behavior in the AO and AAO indices, and it is not shared with the rest of the
131 models in the ensemble. In general terms, this figure strongly suggests that the external
132 forcing does not consistently add variability to the background variability of internal
133 processes in any frequency band. Inter- and intra-model spectra are similar, and do not
134 differ significantly between forced and control runs.

3.2. Temporal coherence across simulations

135 Figure 1 shows the temporal evolution of the three circulation indices in the forced
136 runs. The series appear incoherent, and in particular it is hardly possible to identify the

137 fingerprint of the external forcings in periods when they strongly change, such as the Late
138 Maunder Minimum or the industrial period. The temporal coherence of these indices
139 among the simulations has been analyzed by EOF analysis, following the methodology
140 described above, and employing several time filtering (window size of 1, 51 and 101). The
141 results are summarized in Table 1. When the series of the 13 model runs are pooled and
142 the EOF analysis performed, in no case (see the columns labeled 1000-2000) is the amount
143 of variance explained by the first EOF significantly different from what could be expected
144 by chance (the threshold to reject the null hypothesis at the 95% confidence level is shown
145 in parenthesis). Note however that the level of smoothing modifies the serial correlation
146 of the series, which in turn sets the threshold of significance of the amount of variance
147 explained by the first EOF of the pooled series well above the theoretical level for $p = 0.01$
148 expected if the series were white noise. This can be clearly appreciated through the Monte
149 Carlo simulations.

150 Although we have not been able to reject the null hypothesis in any of the cases, this
151 could be due to a low power of this test, i.e. the capability of the test to reject the null
152 hypothesis when it is indeed false. To demonstrate that this is not the case, we have tested
153 whether the EOF technique is able to reject the null hypothesis when it is indeed false. To
154 do so, we have applied this test to a set of five climate change projections which are the
155 continuation of the three MILL-STRONG simulations under a climate change scenario,
156 together with two projections performed with the model ECHO-G under the SRES A2
157 and B2 scenarios [Zorita *et al.*, 2005]. Both models have similar resolution (T30 and
158 T31) and contain follow-up versions of the same atmospheric model (the ECHAM family

159 developed at the MPI-M). Under the strong forcings considered for future projections,
160 both model versions tend to simulate a coherent response of the AO response [*Miller*
161 *et al.*, 2006]. Thus, the detection method based on EOF analysis should be able to detect
162 this forcing signal in this five-member ensemble. The results of this test are shown in
163 columns labeled 2006-2100 in Table 1 (note that in this case shorter windows have been
164 considered in the smoothing given the short period simulated). The NAO and AO indices,
165 in this case, contain an important level of coherency in response to the common external
166 forcing, which inflates the amount of variance explained by the first EOF beyond what
167 could be expected by chance. The only case where the simulations seem to be dominated
168 by internal variability is for the AAO index, but only when a 31-year window is used to
169 smooth the series.

4. Discussion

170 Complementary to former studies, focused on the short-term response of the atmo-
171 spheric circulation during the years following abrupt changes in the external forcings
172 [*Zanchettin et al.*, 2012, 2013; *Scaife et al.*, 2013], this study employs an ensemble of re-
173 cently developed climate simulations over the past millennium to focus on their long-term
174 temporal behavior. On the one hand, it has been shown that the spectra of these in-
175 dices distribute the variance homogeneously over all frequency bands, and that there are
176 not significant differences between the forced and control simulations. Thus, if external
177 forcings drive the long-term evolution of these indices, its fingerprint is blurred by the
178 noise of internal variability of the ensemble. On the other hand, a test based on Prin-
179 cipal Component Analysis has been designed to establish whether the null hypothesis of

180 long-term variability dominated by internal processes can be rejected. Several degrees of
181 smoothing have been applied to the indices, but in no case we could reject the hypothesis
182 of uncorrelated evolution across the ensemble of simulations.

183 There are several possible interpretations for these results. One is that the variability
184 of the forcing during the past millennium is indeed not large enough to exert a detectable
185 influence on the long-term evolution of these large-scale circulation patterns. Another pos-
186 sibility is that the amplitude of the reconstructed forcing employed in the simulations, or
187 its implementations in the models, are not realistic enough. This question is still debated,
188 but since some of the simulations included within the ensemble already implement large-
189 variance reconstructions, the amplitude of the forcing required to detect a signal would
190 be beyond what is currently considered realistic. Additionally, [*Shindell et al.*, 2001] sug-
191 gested that a fine stratosphere resolution and its dynamical coupling to photochemistry
192 may be required to simulate a realistic response of atmospheric modes to solar forcing.
193 This is partly in contradiction to *Miller et al.* [2006], since the meridional temperature
194 gradient seems to be capable of producing a strong response to greenhouse gas forcing of
195 atmospheric modes in some, although not all, conventional models. A third possibility
196 is that the sensitivity of atmospheric circulation modes of current climate models is un-
197 realistically low. Previous studies, *Miller et al.* [2006] and *Stenchikov et al.* [2006] found
198 evidence that although Fourth Assessment Report (AR4) models do display a response
199 to future climate forcings, their sensitivity to volcanic eruptions in the 20th century is
200 underestimated compared with observations. A fourth possibility is that the signature
201 of the external forcing becomes recognizable only after a stronger time filtering that has

202 been considered in this study. The methodology employed here is designed to identify the
203 long-term response. Shorter-term response in the NAO variability at decadal scales has
204 been indeed identified by means of superposed epoch analysis [*Zanchettin et al.*, 2013].
205 Finally, the response of the tropospheric circulation might not be describable by changes
206 in these winter circulation modes.

207 The implications of these results are multifaceted. Since the circulation modes have a
208 strong influence on seasonal precipitation or temperature in some regions, e.g. the NAO
209 on winter Mediterranean precipitation or Scandinavian winter temperature, a disagree-
210 ment between seasonal regional reconstructions and model simulations is not indicative
211 of a deficient reconstructed or modeled climate, since both would be strongly influenced
212 by internal dynamics rather than by the external forcings. A prominent role of the atmo-
213 spheric modes to explain the transitions from the MCA to the LIA [*Trouet et al.*, 2009]
214 does not seem to be substantiated by these model ensembles. Additionally, if the ratio
215 between internally generated variability and externally forced of the circulation modes
216 is in reality higher than simulated in climate change simulations, the spread of regional
217 climate projections for those regions will also be underestimated

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Figure 1. Spatial patterns of the first EOF, whose projection onto the SLP anomalies defines the NAO, AO and AAO indices (first row). Only the results for one of the MILL-WEAK simulations are shown, although other simulations reproduce the same pattern with spatial correlations above 0.9 in all cases. The panels below show the temporal evolution within the 13 simulations and the ensemble average of the three indices during the period 1000-2000. The 5 members MILL-WEAK and 3 members MILL-STRONG sub-ensembles are drawn with thin red and blue lines, respectively, while the 4 CMIP5 members have different colours each. All series have been smoothed with a moving Hamming window of size 51. Top panel also shows the reconstruction of the external forcings by *Crowley* [2000] for illustration.

Figure 2. Spectra of the simulated circulation indices calculated with the Barlett estimator [*von Storch and Zwiers*, 2003] with a window size of 50 years. Solid lines represent the results for each of the 4 CMIP5 forced simulations, whereas dashed lines represent the corresponding control simulations. The background shadow depicts the range of variability of the 8 MILL simulations. The segments represent the bar error of the estimation of the spectra, which does only depend on the sample and windows sizes. The black thin line represent (in different units now shown) the spectrum of the forcings (TSI+Volcanic) [*Crowley*, 2000] for comparison purposes.

Table 1. Percentage of variance explained by first EOF of the pooled circulation indices each. For each index, the left column shows the results within the paleosimulations, whereas the right column depicts similar results but obtained in a ensemble of climate change projections for comparison (see main text for details). The calculations have been applied to the yearly series as well as to the series after being time-filtered by 51 and 101 year Hamming windows (31 and 51 years respectively in the climate change projections ensemble). The 95% confidence level threshold calculated through 2000 Monte Carlo simulations is shown in parenthesis. Significant results are emphasized by bold characters.

Window size	NAO		AO		AAO	
	1000-2000	2006-2100	1000-2000	2006-2100	1000-2000	2006-2100
1	9.23 (9.49)	29.1 (29.1)	9.45 (9.49)	33.0 (30.0)	9.03 (9.54)	31.40 (31.26)
51/31	17.57 (20.78)	87.9 (81.5)	19.19 (21.63)	86.0 (79.9)	14.24 (20.70)	72.78 (73.05)
101/51	23.70 (26.55)	94.1 (79.0)	25.12 (30.38)	92.5 (80.9)	21.88 (29.47)	68.16 (59.58)