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5 4 5	Protein entrapment in PEGylated lipid nanoparticles
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22 Abstract

24 Defining appropriate delivery strategies of therapeutic proteins, based on lipid nanoparticulate 25 carriers, requires knowledge of the nanoscale organization that determines the loading and 26 release properties of the nanostructured particles. Nanoencapsulation of three cationic proteins 27 (human brain-derived neurotrophic factor (BDNF), α -chymotrypsinogen A, and histone H3) 28 was investigated using anionic nanoparticle (NP) carriers. PEGylated lipid NPs were prepared 29 from self-assembled liquid crystalline phases involving monoolein and eicosapentaenoic acid. 30 Inclusion of the antioxidant α -tocopherol favoured the preparation of stealth hexosome 31 carriers. The purpose of the present work is to reveal the structural features of the protein-32 loaded lipid nanocarriers by means of high resolution small-angle X-ray scattering (SAXS) 33 and cryogenic transmission electron microscopy (cryo-TEM). The obtained results indicate that protein entrapment is concentration-dependent and may significantly modify the inner 34 35 liquid crystalline structure of the lipid nanocarriers through changes in the interfacial curvature and hydration. 36 37 38

39 *Keywords*: BDNF, neurotrophin, protein nanoencapsulation, hexosomes, PEGylated liquid 40 crystalline nanocarriers.

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42 **1. Introduction**

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44 Modern methods for protein and peptide drug delivery are based on nanoencapsulation in 45 nanoparticle (NP) carriers (Al-jamal et al., 2011; Azagarsamy et al., 2012; Cortesi et al., 46 2007; Dai et al., 2006; de Hoog et al., 2012; Géral et al., 2013; Jorgensen et al., 2006; Patton 47 et al., 2005; Plum et al., 2000). Since the emergence of nanomedicine, NP-based delivery 48 strategies have faced various challenges (Allen and Cullis, 2004; Desai, 2012; Dai et al., 49 2005; Petersen et al., 2012). It has been demonstrated that the physicochemical parameters of 50 lipid-based nanocarriers (size, surface charge, morphology, surface chemistry, stability) may easily be adjusted as to satisfy the requirements for improved drug safety, targeted delivery, 51 52 appropriate drug release kinetics, and possibility for scaling-up manufacturing (Lim et al., 53 2012; Martins et al., 2007; Koennings et al, 2007; Carafa et al., 2006; Fujita et al., 1995; 54 Gorodetsky et al., 2004; Guo et al., 2003; Kullberg et al., 2005; Langston et al., 2003; 55 Ramprasad et al., 2003; Ye et al., 2000). Drug delivery applications have shown an essential need of stealth carriers that are stabilized by hydrophilic polymer shells (Freichels, et al., 56 57 2011; Keefe et al., 2012; Garcia-Fuentes et al., 2005; Garcia-Santana et al., 2006; Almgren 58 and Rangelov, 2006; Thongborisute et al., 2006). NPs have been surface-modified by 59 polyethyleneglycol (PEG) chains as PEGylation provides reduced immunogenicity and 60 increased circulation time of the vehicles (Arulsudar et al., 2004; Badiee et al., 2007; Chang et al., 2011; Frkanec et al., 2003; Gabizon et al., 1994). Functionalization of the nanocarriers 61 62 by appropriate ligands (including ligand grafting at the termini of the PEG chains) has 63 favoured targeted protein delivery and has helped avoiding adverse effects (Brgles et al., 2007; Martin et al., 1982; Takeuchi et al., 2003; Torchilin et al., 2001; Visser et al., 2005; 64 65 Zhang et al., 2005; Wei et al., 2012). Multifunctional lipid-based NPs, involving therapeutic and contrast agents, magnetic components for NP guidance, and/or fluorescence imaging 66 probes, have been developed for theranostic applications (Lesieur et al., 2011; Mulet et al., 67 68 2012; Petersen et al., 2012).

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Both PEGylated and non-PEGylated liposomes have attracted considerable interest for protein
encapsulation (Arifin et al., 2003; Goto et al., 2006, Gregoriadis et al., 1999; Murakami et al.,
2006; Rengel et al., 2002; Teiji et al., 2005; Xi et al., 2007; Xu et al., 2012). In such particles,
lipid membrane shells isolate the entrapped proteins from the surroundings and serve for
efficient protein protection against chemical, physical, or enzymatic degradation (Walde et al.,
2001). Furthermore, PEGylation of the NP carriers has contributed to their significantly
enhanced bioavailability and minimized side effects (Wang et al., 2012).

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78 Advances in the methods for protein and peptide nanoencapsulation have led to studies of 79 nanostructured lipid particles with multicompartment organizations (Angelov et al., 2012a; 80 Angelova et al., 2005a, 2011, 2012; Géral et al., 2012; Mulet et al., 2012; Nguyen et al., 2011; 81 Puglia, 2008; Woerle et al., 2007; Yaghmur and Glatter, 2009). Inner nanostructures of liquid 82 crystalline types facilitate the encapsulation of large amount of protein molecules in the 83 nanocarriers and may provide protein delivery at enhanced concentration on target sites 84 (Angelov et al., 2003; Angelova et al., 2003; 2005b, 2005c, 2008, 2011; Clogston et al., 2005; 85 Conn et al., 2010; Garti et al., 2012; Misiünas et al., 2012; Negrini and Mezzenga, 2012; 86 Rizwan et al., 2011). Factors controlling the encapsulation and release of biomolecules from 87 liquid crystalline nanocarriers include the type of the inner structural organization, the inner 88 nanochannel sizes, interface area, surface charge, functionalization, as well as the NP dimensions (Angelov et al., 2013; Angelova et al., 2003, 2012; Chemelli et al., 2012; Negrini 89 90 and Mezzenga, 2012; Rizwan et al., 2011). Major types of lipid NPs with internal liquid 91 crystalline structures comprise cubosomes, hexosomes, spongosomes, micellar-type 92 cubosomes, multilamellar liposomes, and nanostructured emulsions (Angelov et al., 2006, 93 2012a, 2012b; Boyd et al., 2006; Conn et al., 2010; Esposito et al., 2005; Dehsorkhi et al., 94 2011; Géral et al., 2013; Kulkarni et al., 2010; Lai et al., 2010; Mulet et al., 2012; Negrini and 95 Mezzenga, 2012; Phan et al., 2011; Salentinig et al., 2008; Yaghmur and Glatter, 2009). 96 Figure 1 presents examples of lipid NP carriers derived from PEGylated liquid crystalline 97 nanostructures. Such nanocarriers offer unexplored opportunities for protein and peptide drug 98 delivery in view of the suggested link between self-assembled mesophase structure and drug 99 release (Phan et al., 2011).

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Figure 1

103 High resolution electron microscopy and small-angle X-ray scattering (SAXS) studies 104 (Angelov et al., 2007, 2009, 2011a, 2011b; 2012a, 2012b; Cortesi et al., 2007; Woerle et al., 2007; Yaghmur et al., 2007, 2008) have permitted to visualize the single aqueous pore in 105 cubosome nanocarriers, to control the nanochannel sizes in the inner channel networks as well 106 107 as to detect the earliest stage of the tetrahedral nanochannel formation in cubic lipid particles. 108 It has been suggested that medium- and large-size protein molecules, which are bigger than 109 the aqueous channel diameters, will locate at the interfaces of the nanocubosome subunits, 110 formed inside the cubosome carriers upon protein nanoencapsulation (Angelova et al., 2005c, 2011). The work of Negrini and Mezzenga (2012) has recalled that guest species smaller than 111 112 the mesophase periodicity will be confined within the aqueous channels and may affect the 113 inner mesophase periodicity, whereas larger species will be expelled and may partition at the 114 grain boundaries of the mesophase domains in the carriers.

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116 The purpose of the present work is to investigate the structural features related to entrapment of different proteins in PEGylated nanocarriers formed by the nonlamellar lipids monoolein 117 118 and eicosapentaenoic acid (a representative ω-3 polyunsaturated fatty acid). The antioxidant 119 α -tocopherol was included in the lipid mixture in order to induce the formation of an inverted hexagonal (H_{II}) mesophase structure (Boyd et al., 2006). Brain-derived neurotrophic factor 120 121 (BDNF), α -chymotrypsinogen A, and histone H3 are considered as examples. All three 122 proteins are basic proteins, i.e. are positively charged at pH < pI (see Table 1). BDNF and α -123 chymotrypsinogen A are soluble in aqueous medium and do not aggregate under the 124 investigated solution conditions. At variance, histone, which is characterized essentially by α -125 helical content (Arents et al., 1991), is less soluble and was studied as a model of protein 126 aggregation at elevated concentrations. The α -tocopherol component (promoting the 127 hexosome carrier formation) was not studied in the case of histone H3 encapsulation taking 128 into account the geometrical constraints for entrapment of large protein aggregates inside the 129 fine channels of the hexosome particles. The resulting nanoscale organizations were revealed 130 by cryogenic transmission electron microscopy (cryo-TEM) and X-ray structural analysis 131 (SAXS) in order to evaluate the ability of the investigated PEGylated lipid NPs for protein 132 upload.

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135 **2. Materials and Methods**

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137 2.1. Materials and samples preparation138

139 Monoolein (MO) (1-monooleoyl-rac-glycerol, C18:1c9, MW 356.54, powder, purity 140 >99.5%), cis-5,8,11,14,17 eicosapentaenoic acid (EPA) (20:5, MW 302.45, oil phase, 141 analytical standard, purity $\geq 98.5\%$), α -tocopherol (Vit E) (MW 430.71, Ph Eur grade), D- α tocopherol polyethyleneglycol 1000 succinate (V_{1000}) (MW 1531, waxy solid, CMC ~ 0.02% 142 143 by weight) were purchased from Sigma-Aldrich-Fluka (Saint-Quentin, France). The 144 PEGylated lipid 1,2-dioleyl-sn-glycero-3-phosphoethanolamine-N-[methoxy (polyethylene glycol)-2000] (DOPE-PEG₂₀₀₀) (MW 2801.51, powder, purity >99.5%, CMC ~ 2×10⁻⁵ M) 145 146 was a product of Avanti Polar Lipids (COGER, France). Carrier-free human recombinant 147 brain-derived neurotrophic factor (hrBDNF, MW 13.6 kDa) was purchased from R&D 148 Systems. The proteins α -chymotrypsinogen A (type II from bovine pancreas, purified by 149 6×crystallization, salt-free, lyophilized powder, MW 25.656 kDa) and histone H3 (type III-S lysine-rich fraction, from calf thymus, MW 15.3 kDa) were products of Sigma (Saint-150 Quentin, France). Phosphate buffer solution $(1 \times 10^{-2} \text{ M}, \text{ pH 7})$ was prepared using the 151 152 inorganic salts NaH₂PO₄ and Na₂HPO₄ (p.a. grade, Fluka, Saint-Quentin) and MilliQ water of 153 resistivity 18.2 MΩ.cm (Millipore Co., Molsheim).

154 Liquid crystalline lipid NP formulations were prepared by the method of hydration of a 155 dry lipid film followed by physical agitation (Angelov et al., 2011b). The organic solvent (chloroform) was evaporated under flow of nitrogen gas and the resulting lipid mixtures were 156 157 lyophilized overnight. Towards mesophase formation, lipid assemblies were initially 158 incubated with aqueous buffer during 30 min followed by repeated vortexing. Subsequently, 159 15 min agitation was performed in ice medium using a sonication bath with a moderate frequency (40 kHz, Branson 2510) (Branson Ultrasonics, Geneve). The PEGylated 160 amphiphiles (DOPE-PEG₂₀₀₀ and V_{1000}) served as solubilizing and dispersing agents for the 161 162 MO/EPA/VitE liquid crystalline phases. The resulting NP formulations were incubated with 163 proteins for several hours, homogenized, and studied by means of SAXS, cryo-TEM, and 164 QELS.

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2.2. Small-angle X-ray scattering (SAXS)

168 SAXS experiments were performed at the P12 BioSAXS beamline of the European Molecular Biology Laboratory (EMBL) at the storage ring PETRA III of the Deutsche Elektronen 169 Synchrotron (DESY, Hamburg, Germany) at 20 °C using a Pilatus 2M detector (1475 x 1679 170 171 pixels) (Dectris, Switzerland) and synchrotron radiation with a wavelength $\lambda = 1$ Å. The 172 sample-to-detector distance was 3 m. The q-vector was defined as $q = (4\pi/\lambda) \sin \theta$, where 20 173 is the scattering angle. The q-range was calibrated using the diffraction patterns of silver 174 behenate. The experimental data were normalized with respect to the incident beam intensity. 175 The background scattering of the solvent buffer was subtracted. The solvent scattering was 176 measured before and after every lipid NP or protein-containing sample in order to control for 177 eventual sample-holder contamination. Eight consecutive frames comprising measurements 178 for the solvent, the sample, and the solvent were acquired. No measurable radiation damage 179 was detected by the comparison of eight successive time frames with 5 s exposures. The final 180 scattering curve was obtained using the program PRIMUS by averaging the scattering data 181 collected from the measured frames. An automatic sample changer adjusted for sample 182 volume of $15 \,\mu$ L and a filling cycle of 20 s was used.

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2.3. Cryogenic transmission electron microscopy (Cryo-TEM)

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For cryo-TEM studies, a sample droplet of 2 µL was put on a lacey carbon film covered 186 187 copper grid (Science Services, Munich, Germany), which was hydrophilized by glow discharge for 15 s. Most of the liquid was then removed with blotting paper, leaving a thin 188 189 film stretched over the lace holes. The specimens were instantly shock frozen by rapid 190 immersion into liquid ethane and cooled to approximately 90 K by liquid nitrogen in a temperature-controlled freezing unit (Zeiss Cryobox, Zeiss NTS GmbH, Oberkochen, 191 192 Germany). The temperature was monitored and kept constant in the chamber during all the 193 sample preparation steps. After the specimens were frozen, the remaining ethane was removed using blotting paper. The specimen was inserted into a cryo transfer holder 194 195 (CT3500, Gatan, Munich, Germany) and transferred to a Zeiss EM922 Omega energy-filtered 196 TEM (EFTEM) instrument (Zeiss NTS GmbH, Oberkochen, Germany). Examinations were 197 carried out at temperatures around 90 K. The TEM instrument was operated at an acceleration 198 voltage of 200 kV. Zero-loss-filtered images ($\Delta E = 0$ eV) were taken under reduced dose 199 conditions (100-1000 e/nm²). All images were recorded digitally by a bottom-mounted charge-coupled device (CCD) camera system (Ultra Scan 1000, Gatan, Munich, Germany) 200 201 and combined and processed with a digital imaging processing system (Digital Micrograph GMS 1.8, Gatan, Munich, Germany). All images were taken very close to focus or slightly 202 under the focus (some nanometers) due to the contrast enhancing capabilities of the in-column 203 204 filter of the used Zeiss EM922 Omega. In EFTEMs, deep underfocussed images can be totally 205 avoided.

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- 2.4. Quasi-elastic light scattering (QELS)

209 Particle size distributions in the investigated dispersed lipid samples were determined using a 210 Nanosizer apparatus (Nano-ZS90, MALVERN, Orsay) equipped with a Helium-Neon laser of 633 nm wavelength. The samples were diluted to 1 mM lipid concentration prior to 211 212 measurement in 1 cm thick cells and analyzed in an automatic mode using the following experimental parameters: temperature 25 °C; scattering angle, 90°; refracting index, 1.33; 213 environment medium viscosity, 0.890 cP. The average hydrodynamic diameter, d_h , was 214 calculated considering the mean translational diffusion coefficient, D, of the particles in 215 accordance with the Stokes-Einstein law for spherical particles in the absence of interactions: 216 $d_h = k_B T / 3 \eta \pi D$, where k_B is the Boltzmann constant, T is temperature, and η is the viscosity of 217 the aqueous medium. Three measurements with the same cell were averaged for every 218 219 sample. The protein solutions were investigated at chosen concentrations (Table 1). The 220 results were analyzed using the MALVERN Zetasizer software (version 6.11).

- 221 222
- 223 **3. Results and discussion**
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225 Sterically stabilized lipid nanocarriers were prepared by hydration of mixed lipid films 226 consisting of self-assembled MO/EPA/VitE or MO/EPA mixtures and functionalized by the 227 PEGylated amphiphiles DOPE-PEG₂₀₀₀ or V_{1000} . Monoolein (MO) and α -tocopherol (VitE) 228 are neutral lipids of nonlamellar propensities, whereas eicosapentaenoic acid (EPA) is a ω-3 229 polyunsaturated anionic lipid. The role of α -tocopherol (VitE) is to increase the interfacial 230 curvature of the cubic-phase forming lipid monoolein as well as to induce the formation of 231 inverted hexagonal phase structures. The latter may provide sustained release of entrapped 232 proteins from nanochanneled-type carriers. The investigated PEGylated amphiphiles form 233 PEGylated micelles in individual assemblies at concentrations above their critical micellar 234 concentrations (CMC). The molar percentages of these PEGylated components, included in 235 the studied liquid crystalline lipid structures, were optimized in a manner ensuring only a 236 partial shield of the charges of the lipid NPs, which facilitate the protein entrapment through 237 electrostatic interactions. In the following, we present the structural results obtained for lipid NPs (MO/EPA/VitE/V₁₀₀₀ or MO/EPA/DOPE-PEG₂₀₀₀) interacting with the proteins BDNF, 238 239 α -chymotrypsinogen A, or histone H3. Taking into account the possible aggregation of 240 histone, the latter was not selected for studies with the H_{II} phase carriers. The associated form 241 of histone would have a minor chance for loading into the nanochannels of hexosome carriers 242 formed by the self-assembled MO/EPA/VitE/V₁₀₀₀ (71/17/8/4 mol.%) mixture.

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244 *3.1. Human recombinant brain-derived neurotrophic factor (BDNF)*

Small-angle X-ray scattering (SAXS) patterns of PEGylated lipid NPs studied for 246 247 nanoencapsulation of the neurotrophin BDNF are shown in Figure 2a. The SAXS curve 248 presented in the inset characterizes the NPs structure (MO/EPA/VitE/V₁₀₀₀, 71/17/8/4 mol.%) 249 formed before the addition of the therapeutic protein. BDNF exerts its neuroprotective 250 bioactivity at concentrations in the nanogram range. Therefore, the nanoencapsulation studies 251 should take into account that BDNF can cause adverse effects in a concentrated state. For this 252 reason and because of its high cost, the interaction of recombinant human BDNF with lipid 253 NPs was studied at a chosen relatively low protein concentration of 8 µg/ml. Under these 254 conditions, BDNF was completely soluble in the aqueous medium (Table 1). The positively 255 charged protein was allowed to interact with the nanocarriers involving the anionic lipid EPA. 256

257 The analysis of the obtained SAXS patterns established that both blank (MO/EPA/VitE/V₁₀₀₀) 258 and protein-loaded lipid NPs have inner mesophase structures of an inverted hexagonal (H_{II}) 259 type (Fig. 2a). The formation of stable PEGylated hexosomes in the lipid formulations was 260 favoured by the hydrophobic component VitE, which essentially increases the lipid 261 monolayer curvature and augments the nonlamellar propensity of the mixture. In addition, 262 VitE provides an antioxidant functionality of the carriers, which is of interest for their 263 therapeutic applications. The included higher percentage of VitE (8 mol%) with regard to the PEGylated component V_{1000} (4 mol.%) contributes to compensate the decrease of the 264 265 monolayer curvature, due to the PEGylation, and to induce a nonlamellar supramolecular organization of hexagonally-packed aqueous channels (Fig. 1a). The resolved Bragg peaks, spaced in the ratio 1: $\sqrt{3}$: $\sqrt{4}$: $\sqrt{7}$, determine an inner H_{II}-lattice periodicity of 6.53 nm. The water channel diameter, D_W , was calculated using a literature method (Turner and Gruner, 1992). The protein hydrodynamic size, d_h , was determined by quasi-elastic light scattering (QELS) (see Table 1). The obtained results indicate that the aqueous channels in the hexosome nanocarriers are sufficiently large ($D_W = 3.42$ nm) to accommodate the soluble protein BDNF ($d_h = 2.3$ nm).

Figure 2

Both the SAXS (Fig. 2a) and the cryo-TEM (Fig. 2b) results confirmed that BDNF does not 276 277 modify the structural periodicity of the lipid nanocarriers at the investigated protein 278 concentration. Figure 2b shows the characteristic morphology of the hexosome NPs. The inset 279 presents the Fast Fourier transform (FFT) derived from the cryo-TEM image. It reveals the 280 inverted hexagonal (H_{II}) mesophase periodicity corresponding to an ordered structure of 281 aqueous nanochannels available for BDNF loading. The hexosome particles in the 282 MO/EPA/VitE/V₁₀₀₀ (71/17/8/4 mol.%) formulation displayed mean hydrodynamic diameters 283 of ~400 nm in QELS measurements. This is in agreement with the electron microscopy 284 results. A coexisting fraction of small vesicles ($d_h = 38$ nm) was also observed in the cryo-285 TEM and QELS studies as a result of nonequilibrium effects related to the dispersion of the 286 nanoparticulate system under energy input.

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288 3.2. α-Chymotrypsinogen A

290 The NP carriers studied above (MO/EPA/VitE/V₁₀₀₀, 71/17/8/4 mol.%) were allowed to 291 interact also with the positively charged enzyme α -chymotrypsinogen A of concentration 4 292 mg/mL. The obtained results revealed that the protein, displaying surface activity under these 293 conditions, affected the curvature of the lipid assembly. The SAXS patterns (Fig. 3a) and the 294 cryo-TEM images (Fig. 3b) clearly demonstrate that the performed nanoencapsulation 295 resulted in a structural change of the H_{II}-phase lipid nanocarriers (MO/EPA/VitE/V₁₀₀₀, 296 71/17/8/4 mol.%) (Fig. 3a, inset) toward protein-loaded NPs with new structural and 297 morphological features. The SAXS pattern of the protein-containing NPs (Fig. 3a) 298 corresponds to the form factor of the NP scattering rather than to Bragg diffraction peaks of 299 an inner periodic structure. The blue bars (which mark the positions of the H_{II}-phase peaks of 300 the blank NPs) show that the Bragg peaks are vanished in the presence of α -301 chymotrypsinogen A as a result of the hexosome NP transformation into another type of NPs.

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Figure 3

305 Indeed, the cryo-TEM image (Fig. 3b) shows double vesicular structures in the protein-loaded 306 lipid NP formulation. The mean hydrodynamic diameter of the α -chymotrypsinogenA-loaded 307 particles determined by QELS ($d_h = 458$ nm) is slightly different from that of the blank hexosome carriers ($d_h \sim 400$ nm). Coexisting bilamellar lipid NPs ($d_h \sim 80$ nm) were also observed (Fig. 3b, inset). They are likely obtained upon the membrane fragmentation (from larger to smaller particles), which is provoked by the surface-active protein. The darker interior of the bilamellar vesicles is due to thickness variation (the transmission is reduced because the electrons must pass through extra bilayers). No evidence for protein aggregation is obtained at the studied concentration.

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- 315 *3.3. Histone*
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PEGylated lipid NPs (MO/EPA/DOPE-PEG₂₀₀₀ (69/28/3 mol.%) were incubated with histone 317 318 H3, which is a basic protein of prevailing α -helical content. The employed lipid mixture did 319 not display a propensity for hexosome formation similarly to the recently reported NPs 320 involving DOPE-PEG₂₀₀₀ (Angelov et al., 2012b). The mean particle size in the blank NP 321 formulation (MO/EPA/DOPE-PEG₂₀₀₀, 69/28/3 mol.%), determined by QELS, was $d_h = 142$ 322 nm and was attributed to coexisting small cubosomes and vesicles (see the histogram in 323 Figure 4b). The solution scattering of histone is presented in Fig. 4a together with the derived 324 pair distance distribution function $\rho(r)$ (inset). The size of the histone octamer, estimated from 325 these SAXS results, is 4.5 nm. The QELS data (Fig. 4a, red histogram) showed that the 326 histone units (4.5 nm) begin to associate into aggregates at the studied solution concentration. 327 The hydrodynamic particle diameter of the associated protein was $d_h = 255$ nm at 328 concentration of 4 mg/ml (Fig. 4a, inset).

Figure 4

332 Figure 5a (inset) shows the NP scattering of the blank MO/EPA/DOPE-PEG₂₀₀₀ (69/28/3 333 mol.%) carriers. The observed SAXS is typical for a mixture of membrane-type lipid 334 nanocarriers. Attempts to load these small cubosomes and vesicles with histone (4 mg/ml) did 335 not permit significant entrapment of the protein inside the NPs, because of its associated state 336 in solution. The SAXS pattern of the particles incubated with protein is shown in Fig. 5a. The 337 performed QELS investigation also confirmed the aggregation of histone in lipid NP 338 formulations (Fig. 4b, right panel). The particle size distributions in a blank lipid NP 339 formulation and in a protein-containing lipid (MO/EPA/DOPE-PEG₂₀₀₀, 69/28/3 mol.%) formulation determined mean NP diameters of $d_h = 142$ nm and 220 nm, respectively. 340

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Figure 5

344 The obtained cryo-TEM image (Figure 5b) shows a noticeable phase separation of the protein 345 from the lipid NPs (MO/EPA/DOPE-PEG₂₀₀₀, 69/28/3 mol.%). The difficulty to entrap histone, 346 associated in aggregates, into such small PEGylated NP carriers implies that larger lipid 347 particles or even bulk liquid crystalline phases would be more appropriate for confinement 348 and encapsulation of this hydrophobic α -helical protein. At variance, BDNF and α -349 chymotrypsinogen A appeared to be homogeneously distributed in the investigated NP 350 systems and can be entrapped both in hexosome and vesicular carriers of similar lipid 351 compositions.

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353 **4. Conclusion**

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355 Further to the recently reported protein-containing PEGylated cubosomes (Angelov et al., 356 2012a), the present study of nanostructured liquid crystalline lipid NPs demonstrates that the 357 interaction of PEGylated hexosomes with cationic protein molecules may lead to either 358 preservation or dramatic changes in the inner structure of the NPs. The obtained results 359 revealed that the entrapped protein, depending on its concentration and amphiphilicity, may 360 influence the curvature of the lipid assemblies and even transform the internal nanostructure 361 of channels into a different structural organization. Efficient protein encapsulation was achieved for recombinant BDNF and α -chymotrypsinogen A. Histone in its aggregated state 362 363 showed a tendency to phase separate from the lipid NP carriers at the investigated protein 364 concentration. The outcome of this structural study confirms that SAXS, QELS and cryo-365 TEM measurements are very powerful methods in the design of protein drug delivery carriers 366 and should be recommended as tools of ultimate pharmaceutical relevance permitting to 367 control the protein nanoencapsulation process.

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680 Figure captions

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Figure 1. Examples of nanoparticulate lipid carriers that may be derived from PEGylated
liquid crystalline lipid phases: (a) hexosome, (b) bilamellar vesicle, and (c) spongosome
particles.

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Figure 2. Small-angle X-ray scattering (SAXS) patterns (a) and cryo-TEM image (b) of a PEGylated nanoparticulate lipid system (MO/EPA/VitE/V₁₀₀₀, 71/17/8/4 mol.%) interacting with the neurotrophic protein BDNF (brain-derived neurotrophic factor) of solution concentration 8 µg/ml. The blue bars indicate the positions of the Bragg reflections (spaced in the ratio 1: $\sqrt{3}$: $\sqrt{4}$: $\sqrt{7}$) of an inverted hexagonal (H_{II}) lattice structure, which is present in both blank (inset) and BDNF-loaded NPs (a). The inset in (b) shows the Fast Fourier transform (FFT) image analysis of the hexosome lipid nanocarrier.

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Figure 3. SAXS patterns (a) and cryo-TEM images (b) of a PEGylated nanoparticulate lipid system (MO/EPA/VitE/V₁₀₀₀, 71/17/8/4 mol.%) interacting with the protein α chymotrypsinogen A with solution concentration 4 mg/ml. The blue bars in (a) indicate the positions of the Bragg reflections of the inverted hexagonal (H_{II}) structure, which vanished upon protein loading. The inset in (b) shows a second representative NP population in the protein-containing sample.

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Figure 4. (a) SAXS patterns (orange curve), a pair distance distribution function $\rho(r)$ (blue curve, inset), and quasi-elastic light scattering (QELS) size distribution plot (inset) measured with histone solution. The protein concentration is 4 mg/ml. (b) QELS determination of the particle size distributions in blank lipid NP formulation (MO/EPA/DOPE-PEG₂₀₀₀, 69/28/3 mol.%) (left) and of the lipid formulation with incubated histone H3 (4 mg/ml) (right). The maxima of the histograms correspond to the most abundant average hydrodynamic particle diameters. The error bars are given in green.

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Figure 5. SAXS patterns (a) and cryo-TEM image (b) of a PEGylated nanoparticulate lipid
 system (MO/EPA/DOPE-PEG₂₀₀₀, 69/28/3 mol.%) interacting with the protein histone H3 with
 solution concentration 4 mg/ml.

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Figure 1







Figure 3



Figure 4



Table 1

Mean particle hydrodynamic diameter, d_h , molecular weight (MW), isoelectric point (pI), and state of protein dissolution/association at the studied concentration in a phosphate buffer aqueous phase. The values of d_h were determined by quasi-elastic light scattering measurements.

Protein	MW [kDa]	pI	concentration	d_h [nm]	state
BDNF	13.6	10.5	8 μg/ml	2.3	dissolved molecules
α-chymotrypsinogen A	25.6	9.2	4 mg/ml	4.8	dissolved molecules
histone	15.3	10.8	4 mg/ml	255	aggregate of 4.5 nm octamers (Fig.4a)